

# Gravitational form factors on the lattice

SoLID Opportunities and  
Challenges of Nuclear Physics  
at the Luminosity Frontier

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# Outline

Gravitational structure of the nucleon

Gravitational form factors (GFFs)?

Why are GFFs interesting?

GFFs on the lattice

Overview of calculation

Results

GFFs of proton (w/ flavor decomp)

Experimental comparison

Mechanical densities & radii

[2307.11707](#)

Gravitational form factors of the pion from lattice QCD

Daniel C. Hackett, Patrick R. Oare, Dimitra A. Pefkou, and Phiala E. Shanahan  
*Center for Theoretical Physics, Massachusetts Institute of Technology, Cambridge, MA 02139, U.S.A.*

The two gravitational form factors of the pion,  $A^\pi(t)$  and  $D^\pi(t)$ , are computed as functions of the momentum transfer squared  $t$  in the kinematic region  $0 \leq -t < 2 \text{ GeV}^2$  on a lattice QCD ensemble with quark masses corresponding to a close-to-physical pion mass  $m_\pi \approx 170 \text{ MeV}$  and  $N_f = 2 + 1$  quark flavors. The flavor decomposition of these form factors into gluon, up/down light-quark, and strange quark contributions is presented in the  $\overline{\text{MS}}$  scheme at energy scale  $\mu = 2 \text{ GeV}$ , with renormalization factors computed non-perturbatively via the RI-MOM scheme. Using monopole and  $z$ -expansion fits to the gravitational form factors, we obtain estimates for the pion momentum fraction and  $D$ -term that are consistent with the momentum fraction sum rule and the next-to-leading order chiral perturbation theory prediction for  $D^\pi(0)$ .

[2310.08484](#)

Gravitational form factors of the proton from lattice QCD

Daniel C. Hackett,<sup>1,2</sup> Dimitra A. Pefkou,<sup>3,2</sup> and Phiala E. Shanahan<sup>2</sup>

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The gravitational form factors (GFFs) of a hadron encode fundamental aspects of its structure, including its shape and size as defined from e.g., its energy density. This work presents a determination of the flavor decomposition of the GFFs of the proton from lattice QCD, in the kinematic region  $0 \leq -t \leq 2 \text{ GeV}^2$ . The decomposition into up-, down-, strange-quark, and gluon contributions provides first-principles constraints on the role of each constituent in generating key proton structure observables, such as its mechanical radius, mass radius, and  $D$ -term.

# Gravitational structure of the nucleon



# Gravitational form factors (GFFs)

GFFs are EMT form factors

$$T^{\{\mu\nu\}} = 2 \operatorname{Tr} \left[ -G^{\alpha\mu} G_\alpha^\nu + \frac{1}{4} g^{\mu\nu} G^{\alpha\beta} G_{\alpha\beta} \right] + \bar{q} \gamma^{\{\mu} i \overleftrightarrow{D}^{\nu\}} q$$

Nucleon:

$$\langle N(p') | T^{\{\mu\nu\}} | N(p) \rangle = \bar{U}(p') \left[ A(t) \frac{P^{\{\mu} P^{\nu\}}}{M} + J(t) \frac{i P^{\{\mu} \sigma^{\nu\}\rho} \Delta_\rho}{2M} + D(t) \frac{\Delta^{\{\mu} \Delta^{\nu\}} - g^{\mu\nu} \Delta^2}{4M} \right] U(p)$$

Why are these interesting?

$$\begin{aligned} a^{\{\mu} b^{\nu\}} &\equiv \frac{1}{2} (a^\mu b^\nu + a^\nu b^\mu) \\ \vec{D} &= (\vec{D} - \vec{D})/2 \\ U, \bar{U} &= \text{Dirac spinors} \\ P &= (p' + p)/2 \\ \Delta &= p' - p \\ t &= \Delta^2 \end{aligned}$$

# Global properties

$$\langle N(p') | T^{\{\mu\nu\}} | N(p) \rangle = \bar{U}(p') \left[ A(t) \frac{P^{\{\mu} P^{\nu\}}}{M} + J(t) \frac{i P^{\{\mu} \sigma^{\nu\}\rho} \Delta_{\rho}}{2M} + D(t) \frac{\Delta^{\{\mu} \Delta^{\nu\}} - g^{\mu\nu} \Delta^2}{4M} \right] U(p)$$

$\partial_{\mu} T^{\mu\nu} = 0 \rightarrow$  GFFs are scale- and scheme-independent

Forward GFFs are fundamental, global properties:

$$A(0) = 1 \Leftrightarrow \langle p | T^{tt} | p \rangle = M$$

$$J(0) = \frac{1}{2} = \text{Total spin}$$

$$B(0) = 2J(0) - A(0) = 0 \quad \text{"vanishing of the anomalous gravitomagnetic moment"}$$

$$D(0) = ???^* \quad (\text{internal forces})$$

# Flavor decomposition

$$\text{Gluons } T_g^{\{\mu\nu\}} = 2 \operatorname{Tr}[G^{\alpha\{\mu} G^{\nu\}\alpha}]$$

$$\text{Quarks } T_q^{\{\mu\nu\}} = \bar{q} \gamma^{\{\mu} i \overleftrightarrow{D}^{\nu\}} q$$

$$\begin{aligned} \left\langle N(p') \left| T_{g,q}^{\{\mu\nu\}} \right| N(p) \right\rangle &= \bar{u}(p') \left[ A_{g,q}(t) \frac{P^{\{\mu} P^{\nu\}}}{M} + J_{g,q}(t) \frac{i P^{\{\mu} \sigma^{\nu\}\rho} \Delta_{\rho}}{2M} \right. \\ &\quad \left. + D_{g,q}(t) \frac{\Delta^{\{\mu} \Delta^{\nu\}} - g^{\mu\nu} \Delta^2}{4M} + \bar{c}_{g,q}(t) M g^{\mu\nu} \right] u(p) \end{aligned}$$

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Not conserved  $\sum_q \bar{c}_q + \bar{c}_g = 0$

Power-divergent mixing

# Flavor decomposition

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Quarks  $T_q^{\{\mu\nu\}} = \bar{q} \gamma^{\{\mu} i \overleftrightarrow{D}^{\nu\}} q$

Momentum fraction

$$A_{q,g}(0) = \langle x \rangle_{q,g}$$

$$A_g(0) + \sum_q A_q(0) = 1$$

Spin fraction

$$J_g(0) + \sum_q J_q(0) = \frac{1}{2}$$

$$\begin{aligned} \left\langle N(p') \left| T_{g,q}^{\{\mu\nu\}} \right| N(p) \right\rangle &= \bar{u}(p') \left[ A_{g,q}(t) \frac{P^{\{\mu} P^{\nu\}}}{M} + J_{g,q}(t) \frac{i P^{\{\mu} \sigma^{\nu\}} \rho \Delta_{\rho}}{2M} \right. \\ &\quad \left. + D_{g,q}(t) \frac{\Delta^{\{\mu} \Delta^{\nu\}} - g^{\mu\nu} \Delta^2}{4M} + \bar{c}_{g,q}(t) M g^{\mu\nu} \right] u(p) \end{aligned}$$

Internal forces

$$D(0) = D_g(0) + \sum_q D_q(0)$$

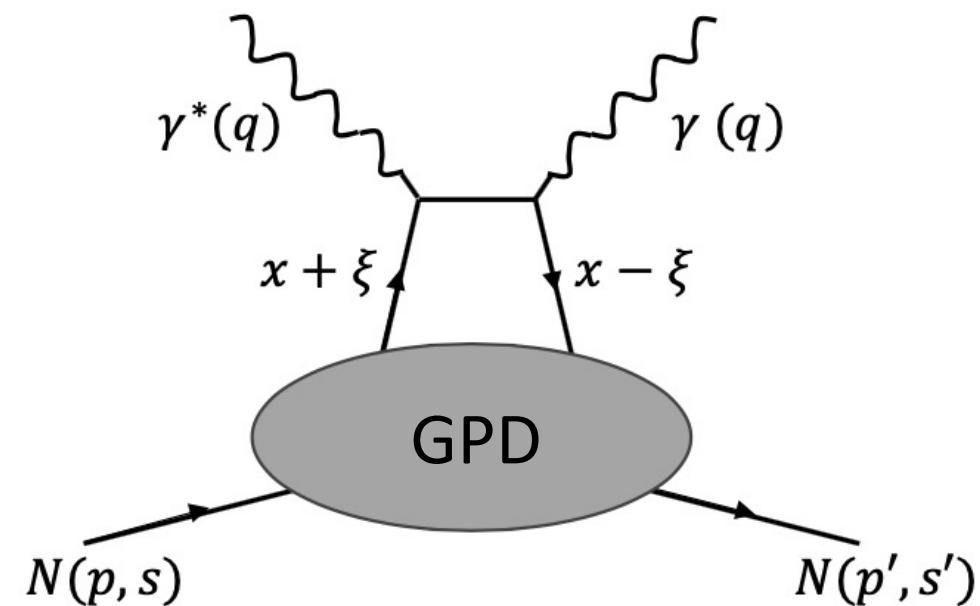
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Power-divergent mixing

# Relation to GPDs

$$\text{GFFs} \subset \text{GFFs}$$

Gravitational Form Factors      Generalized Form Factors



GFFs are Mellin moments of GPDs, e.g.

$$\begin{aligned}\int dx x H_q(x, \xi, t) &= A_q(t) + \xi^2 D_q(t) & \int dx H_g(x, \xi, t) &= A_g(t) + \xi^2 D_g(t) \\ \int dx x E_q(x, \xi, t) &= B_q(t) - \xi^2 D_q(t) & \int dx E_g(x, \xi, t) &= B_g(t) - \xi^2 D_g(t)\end{aligned}$$

→ relate to experiment via factorization

# GFFs on the lattice

# Overview of calculation

Need to compute:

Bare matrix elements for  $f \in \{g, u, d, s\}$  to constrain bare GFFs

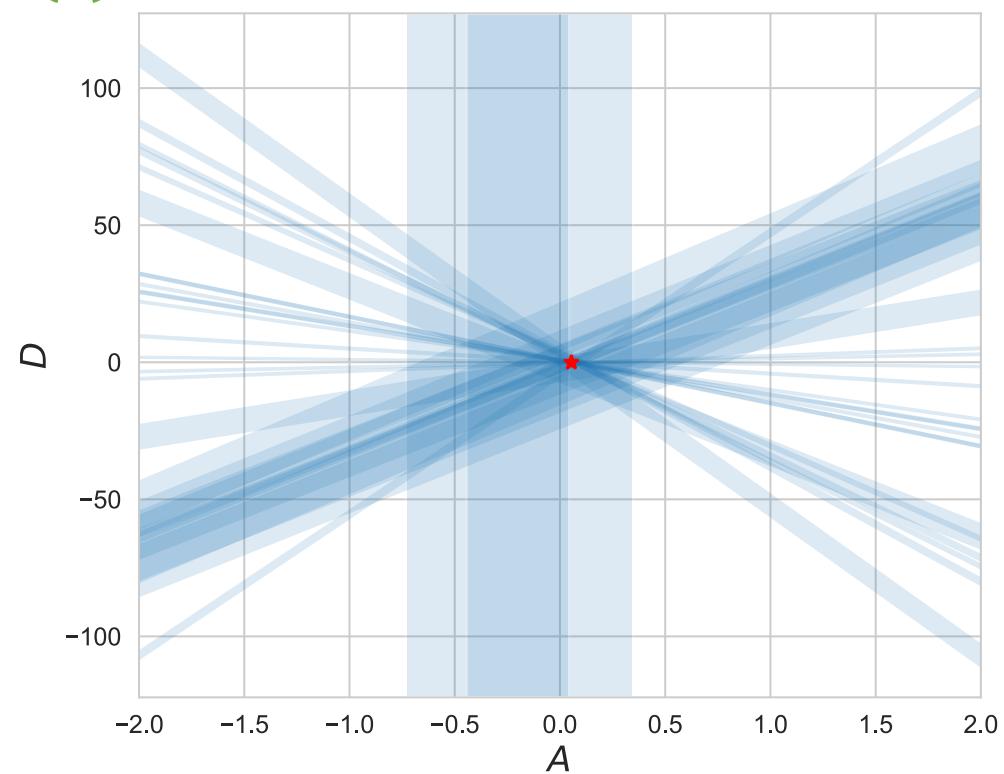
$$\langle p' | T_f^b(\Delta) | p \rangle = c_A A_f^b(t) + c_J J_f^b(t) + c_D D_f^b(t)$$

Isosinglet mixing matrix (+ non-singlet  $Z_{u+d-2s}$ )

$$\begin{bmatrix} T_q^{\overline{MS}} \\ T_g^{\overline{MS}} \end{bmatrix} = \begin{bmatrix} Z_{qq}^{\overline{MS}} & Z_{qg}^{\overline{MS}} \\ Z_{gq}^{\overline{MS}} & Z_{gg}^{\overline{MS}} \end{bmatrix} \begin{bmatrix} T_q^{\text{bare}} \\ T_g^{\text{bare}} \end{bmatrix}$$

→ Renormalized linear constraints on GFFs  
at different values of  $t = \Delta^2 = (p' - p)^2$

Fit to extract GFFs( $t$ )



# Ensembles

Gauge action: tadpole-improved Luscher-Weisz

Fermion action: 2 + 1 flavors, stout-smeared clover

	$L/a$	$T/a$	$\beta$	$am_l$	$am_s$	$a$ [fm]	$m_\pi$ [MeV]
A	48	96	6.3	-0.2416	-0.2050	0.091(1)	169(1)
B	12	24	6.1	-0.2800	-0.2450	0.1167(16)	450(5)

## Bare matrix elements

Glue: 2511 configs

Quarks: 1381 configs (subset)

["a091m170" (JLab/W&M/MIT/LANL)]

## Renormalization

Conn. quark: 240 configs

Disco./glue: 20000 configs

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Disco./glue: 20000 configs

“Single”-ensemble calculation: can’t quantify remaining artifacts due to discretization, unphysical quark masses, finite volume

# Lattice EMT operators

Quark:  $T_q^{\{\mu\nu\}} = \bar{q} \gamma^{\{\mu} i \overleftrightarrow{D}^{\nu\}} q$

Discretized covariant derivative

$$\overleftrightarrow{D} = (\vec{D} - \vec{\bar{D}})/2$$

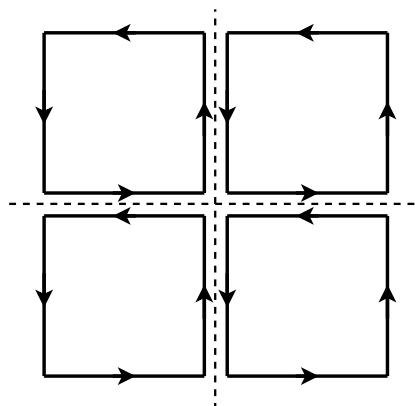
$$(\vec{D}_\mu \psi)(x) = \frac{1}{2} [U_\mu(x)\psi(x + \mu) - U_\mu^\dagger(x - \mu)\psi(x - \mu)]$$

$$(\bar{\psi} \overleftrightarrow{D}_\mu)(x) = \frac{1}{2} [\bar{\psi}(x + \mu)U_\mu^\dagger(x) - \bar{\psi}(x - \mu)U_\mu(x - \mu)]$$

Glue:  $T_g^{\{\mu\nu\}} = \frac{2}{g^2} \text{Tr}[G^{\alpha\{\mu} G^{\nu\}\alpha}]$

Clovers flowed to  $t/a^2 = 2$

$$G_{\mu\nu} \sim (Q_{\mu\nu} - Q_{\mu\nu}^\dagger)$$



Project to irreps of hypercubic group

$$\tau_1^{(3)}: \quad \frac{1}{2}(T^{xx} + T^{yy} - T^{zz} + T^{tt}), \quad \frac{1}{\sqrt{2}}(T^{zz} + T^{tt}), \quad \frac{1}{\sqrt{2}}(T^{xx} - T^{yy})$$

$$\tau_3^{(6)}: \quad \left\{ \frac{i\delta_{\mu 0}}{\sqrt{2}}(T^{\mu\nu} + T^{\nu\mu}), \quad 0 \leq \mu \leq \nu \leq 3 \right\}$$

# Bare matrix elements from three-point functions

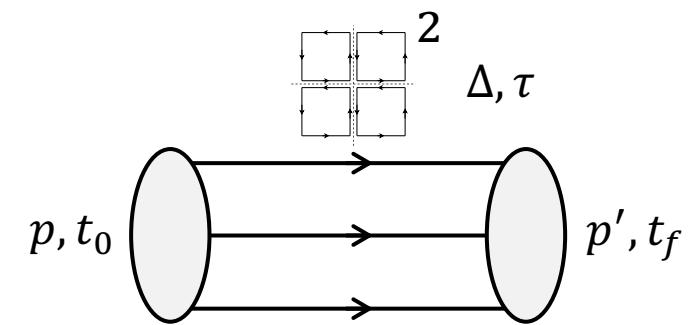
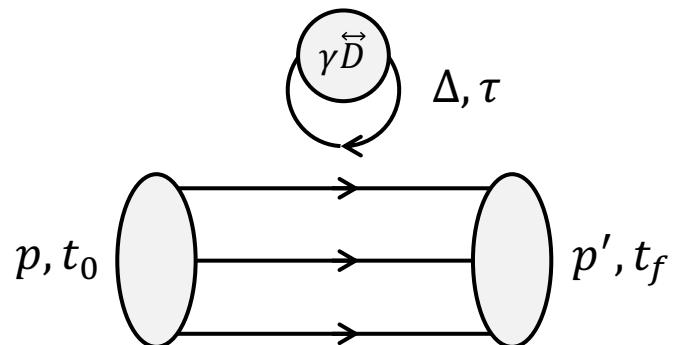
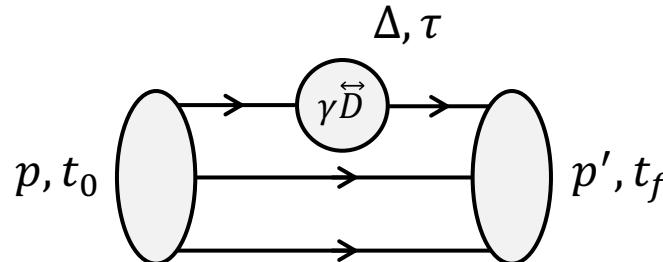
Can't compute matrix elements directly, must extract from

$$\langle \chi(p', t_f) T^b(\Delta, \tau) \bar{\chi}(p, 0) \rangle \sim Z_{p'} Z_p \boxed{\langle p' | T^b(\Delta) | p \rangle} e^{-E'(t_f - \tau)} + (\text{excited states})$$

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## Connected Quark ( $u, d$ )

Sequential source (thru sink)

- 3 sink momenta
- 1 spin channel
- Sources / cfg varies w/  $t_f$

## Disconnected Quark ( $u = d, s$ )

- 1024 sources / cfg
- 4 spin channels
- Hierarchical probing w/ 512 Hadamard vectors
- 2  $Z_4$  noise shots / cfg

## Glue (disconnected)

- 1024 sources / cfg
- 4 spin channels

# Extracting bare matrix elements

1. Construct ratios

$$R(p, p'; \tau, t_f) = \frac{C^{\text{3pt}}(p, p'; t_f, \tau)}{C^{\text{2pt}}(p'; t_f)} \sqrt{\frac{C^{\text{2pt}}(p; t_f - \tau)}{C^{\text{2pt}}(p'; t_f - \tau)} \frac{C^{\text{2pt}}(p'; t_f)}{C^{\text{2pt}}(p; t_f)} \frac{C^{\text{2pt}}(p'; \tau)}{C^{\text{2pt}}(p; \tau)}}$$
$$= \# \boxed{\langle p' | T^b(\Delta) | p \rangle} + O\left(e^{-\Delta E \tau - \Delta E'(t_f - \tau)}\right)$$

Number of distinct ratios:

conn q: 6982 → 3081  
disc q/g: 1200296 → 11452

2. Bin ratios together w/ same kinematic coeffs

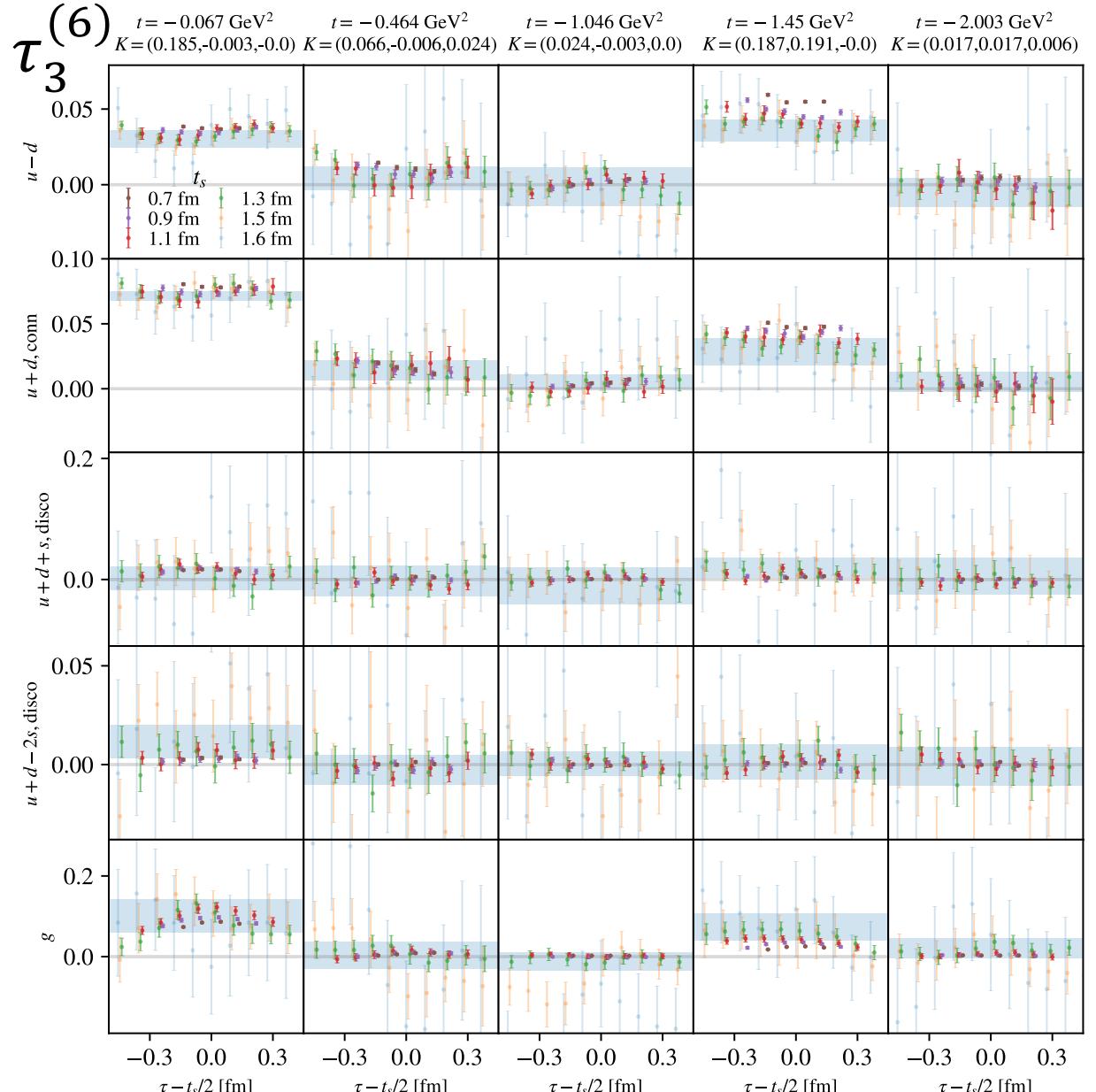
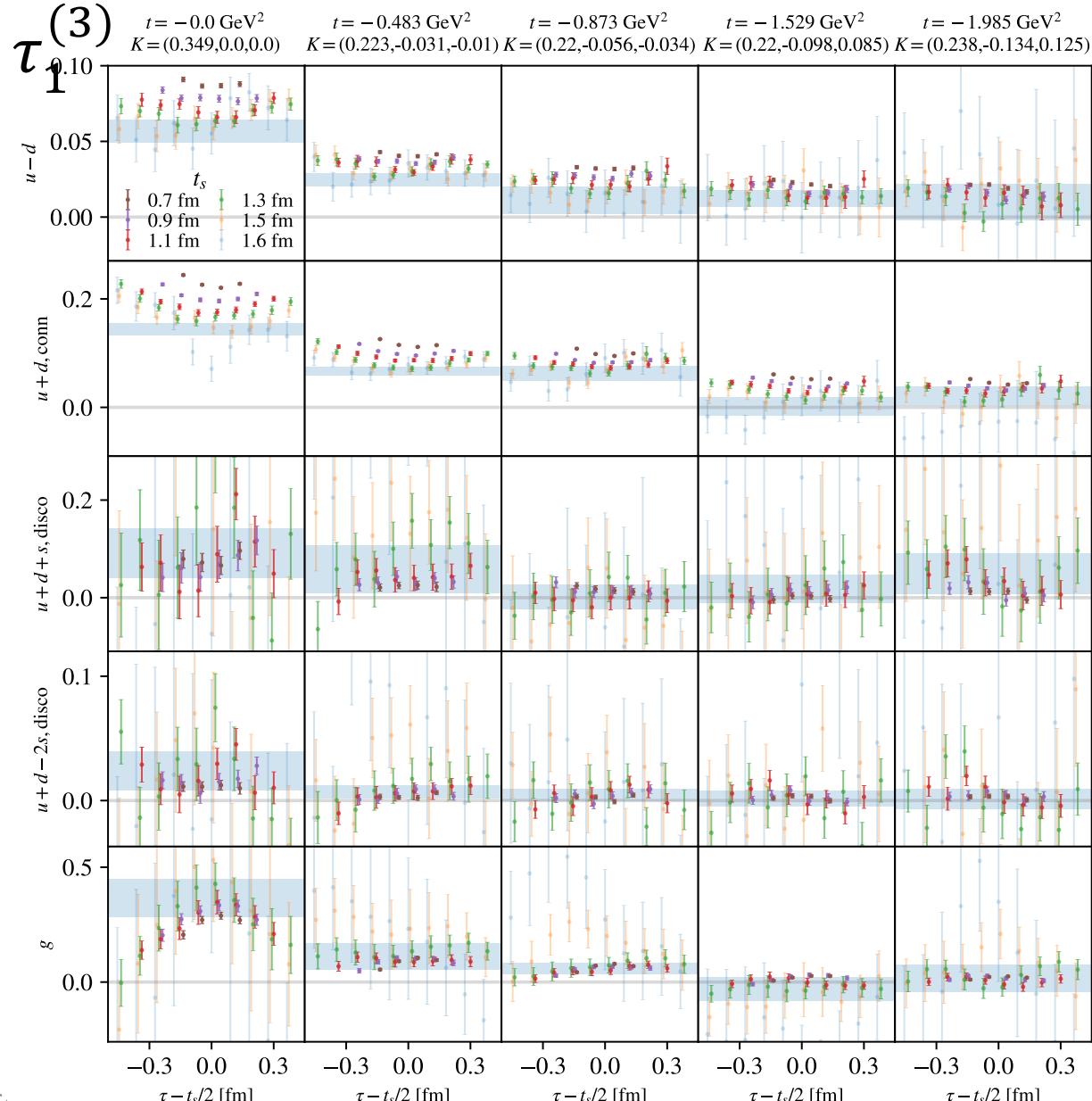


3. Fit using “summation method”

$$\Sigma(t_f) = \sum_{\tau=\tau_{\text{cut}}}^{t_f-\tau_{\text{cut}}} R(\tau, t_f) = (\text{const}) + \# \boxed{\langle p' | T^b(\Delta) | p \rangle} t_f + O(e^{-\delta E t_f})$$

... w/ Bayesian model averaging over fit ranges,  $\tau_{\text{cut}}$

# Example nucleon ratios



# Renormalization

Assert RI-MOM conditions at scale  $\mu^2 = p^2$

$$\langle q(p) T_f(0) \bar{q}(p) \rangle_{\text{lattice}} = Z_q R_{fq}^{\text{RI}} \langle q(p) T_f(0) \bar{q}(p) \rangle_{\text{tree}}$$

$$\langle A(p) T_f(0) A(p) \rangle_{\text{lattice}} = Z_g R_{fg}^{\text{RI}} \langle A(p) T_f(0) A(p) \rangle_{\text{tree}}$$

...in Landau gauge

...flow  $T_g$  to  $t/a^2 = 1.2$  to match operator in bare matrix elements

Apply perturbative matching to  $\overline{\text{MS}}$  and run to  $\mu = 2 \text{ GeV}$

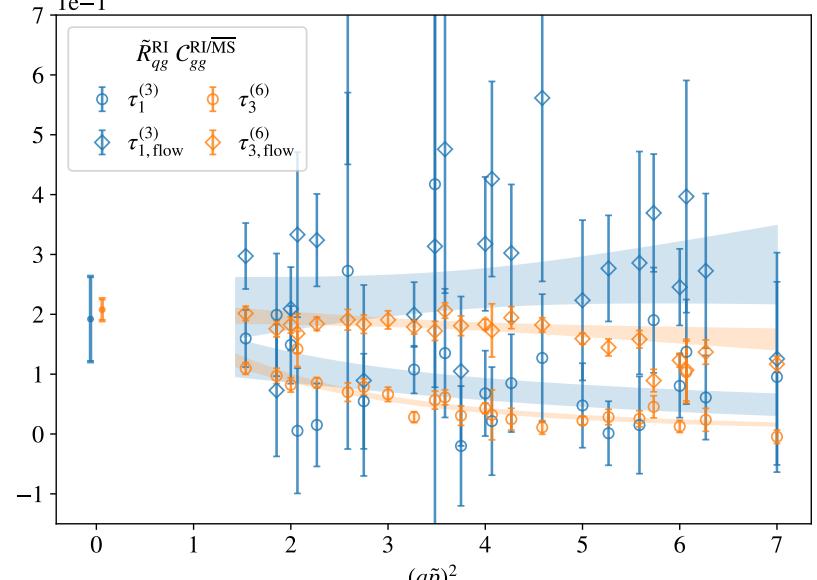
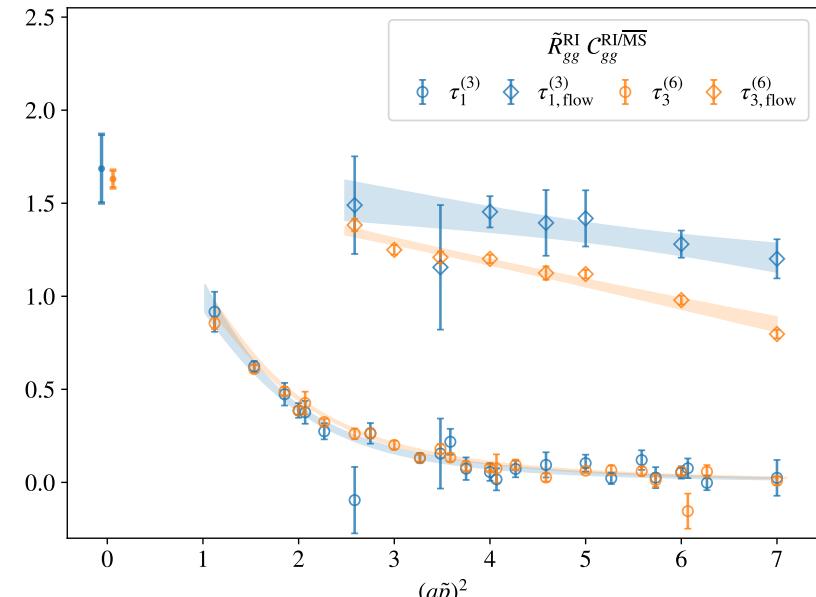
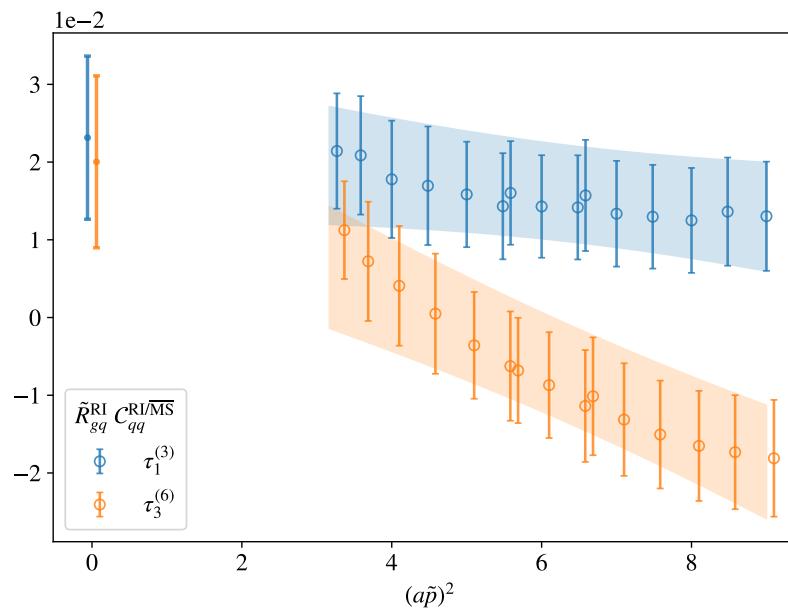
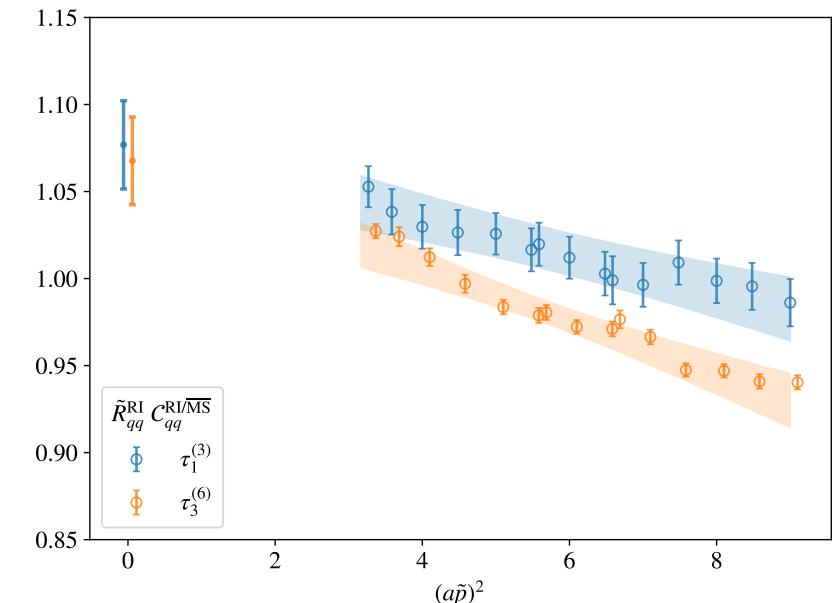
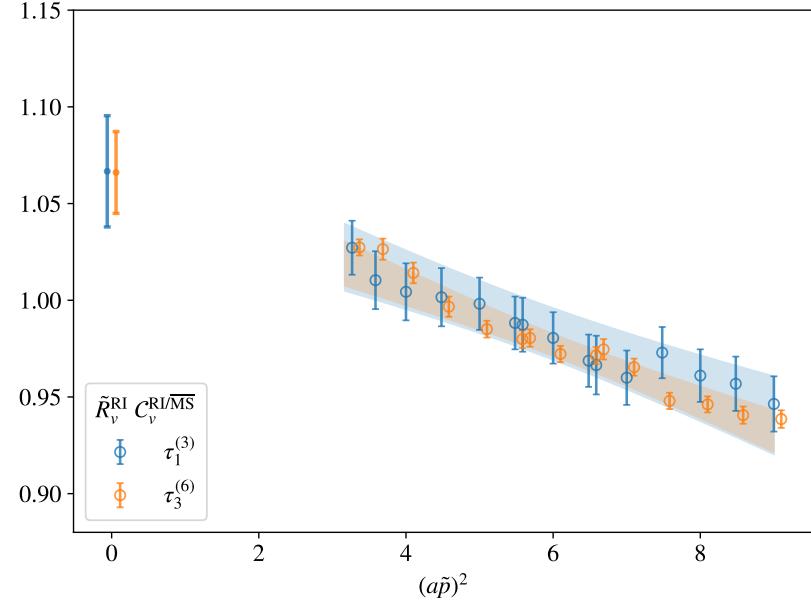
$$(Z_{u-d}^{\overline{\text{MS}}})^{-1}(\mu^2) = C_{u-d}^{\text{RI}/\overline{\text{MS}}}(\mu^2, \mu_R^2) R_{u-d}^{\text{RI}}(\mu_R^2)$$

$$\begin{bmatrix} Z_{qq}^{\overline{\text{MS}}} & Z_{qg}^{\overline{\text{MS}}} \\ Z_{gq}^{\overline{\text{MS}}} & Z_{gg}^{\overline{\text{MS}}} \end{bmatrix}^{-1}(\mu^2) = \begin{bmatrix} R_{qq}^{\text{RI}} & R_{qg}^{\text{RI}} \\ R_{gq}^{\text{RI}} & R_{gg}^{\text{RI}} \end{bmatrix}(\mu_R^2) \begin{bmatrix} C_{qq}^{\text{RI}/\overline{\text{MS}}} & C_{qg}^{\text{RI}/\overline{\text{MS}}} \\ C_{gq}^{\text{RI}/\overline{\text{MS}}} & C_{gg}^{\text{RI}/\overline{\text{MS}}} \end{bmatrix}(\mu^2, \mu_R^2)$$

Model and fit residual  $(ap)^2$  dependence in each of product  $R^{\text{RI}} C^{\text{RI}/\overline{\text{MS}}}$

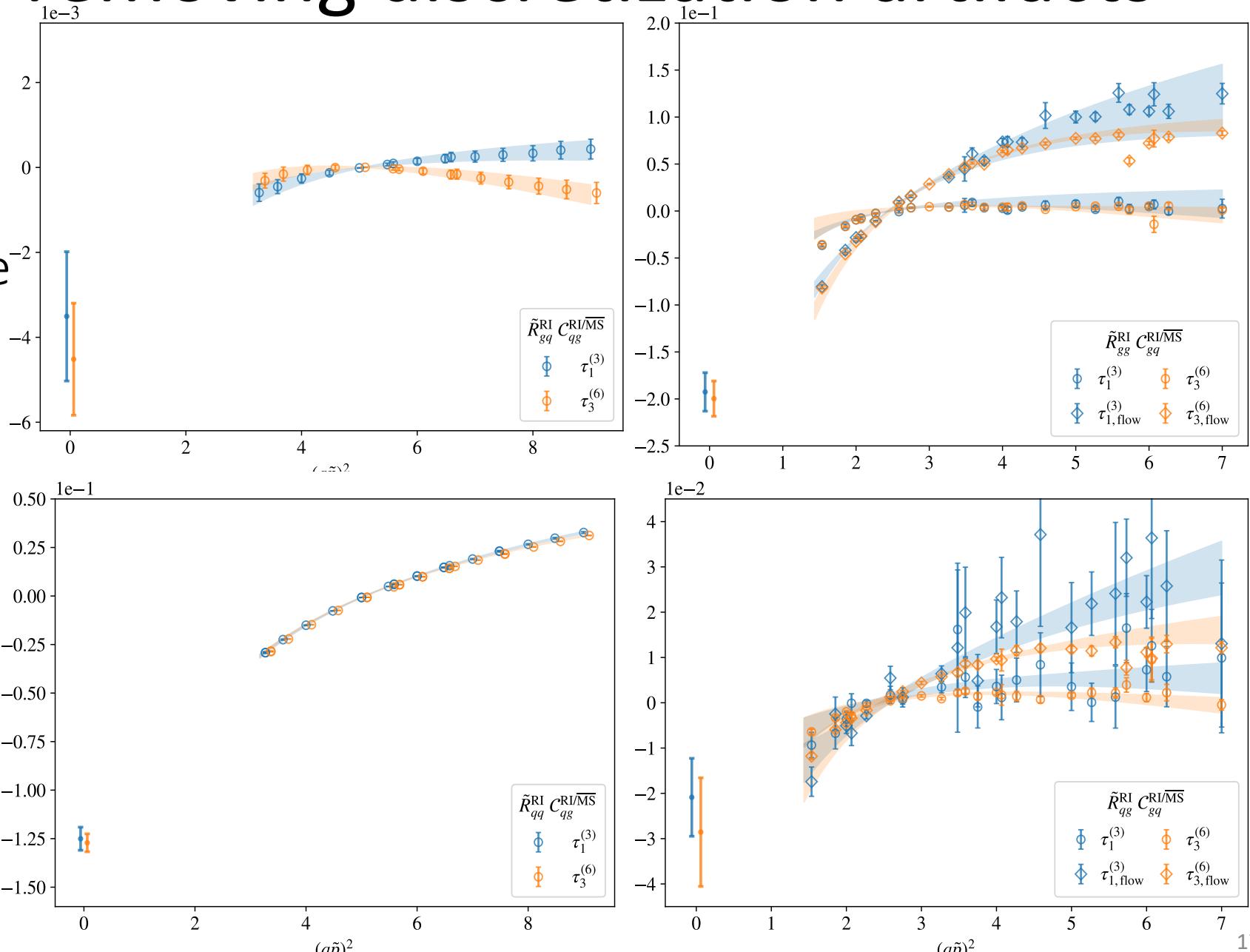
# Renormalization: removing discretization artifacts

Model discretization artifacts as polynomials, inverse polynomials



# Renormalization: removing discretization artifacts

Model discretization artifacts as polynomials,  
inverse polynomials  
+ logs for nonperturbative effects



# Results

# Nucleon GFFs

Dark bands: dipole

$$G(t) \sim \frac{\alpha}{(1-t/\Lambda^2)^2}$$

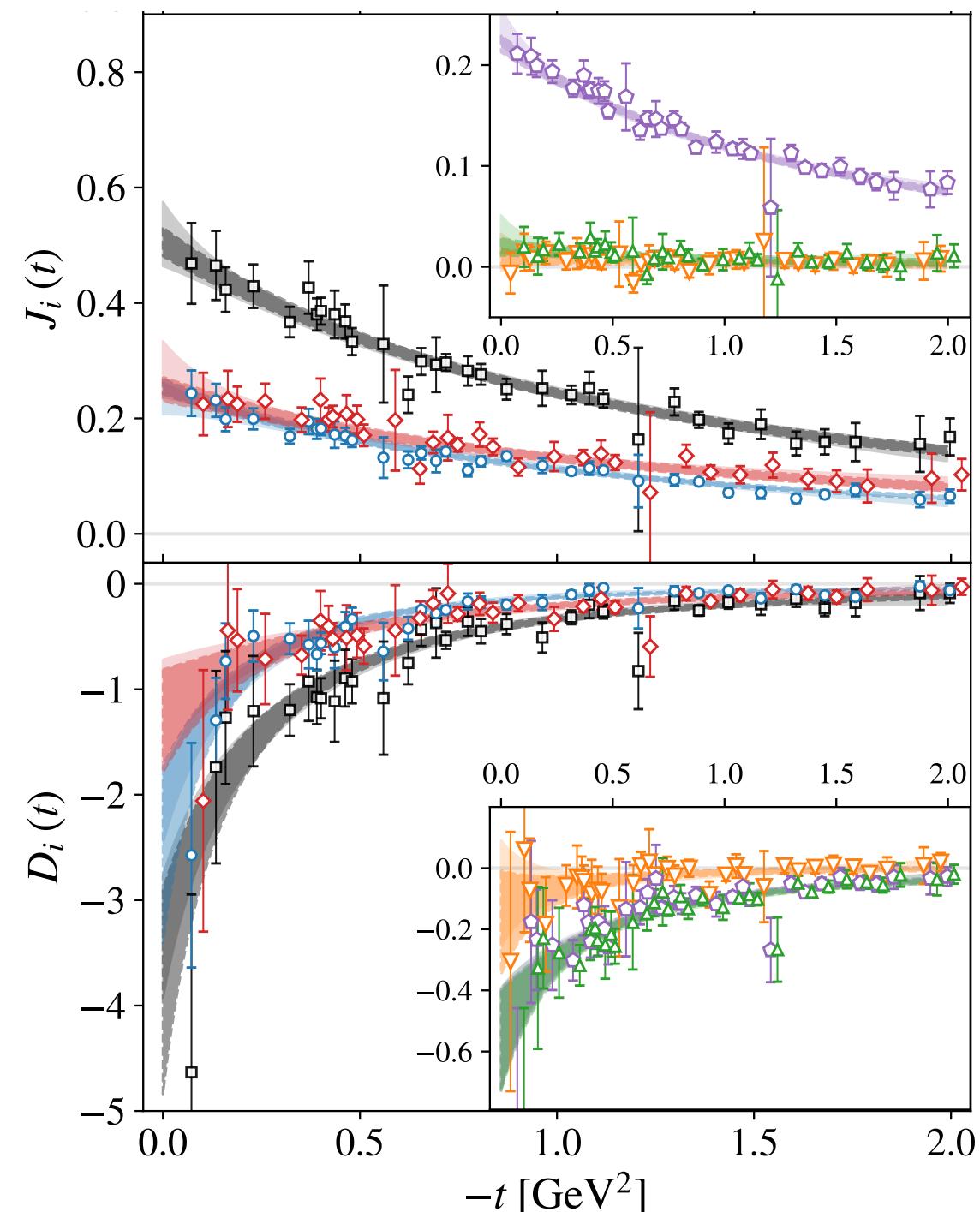
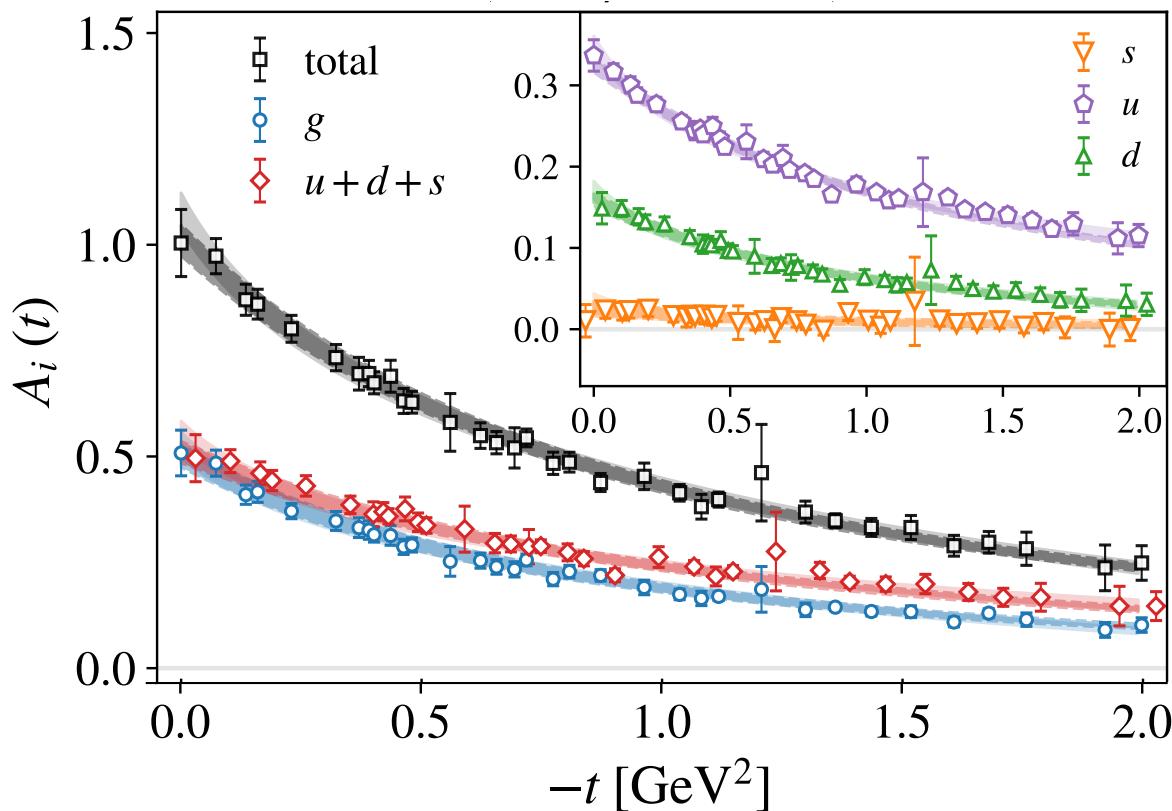
Light bands:  $z$ -expansion

$$G(t) \sim \sum_{k=0}^{k_{\max}=2} \alpha_k [z(t)]^k$$

$$z(t) = \frac{\sqrt{t_{\text{cut}}-t}-\sqrt{t_{\text{cut}}-t_0}}{\sqrt{t_{\text{cut}}-t}+\sqrt{t_{\text{cut}}-t_0}}$$

$$t_{\text{cut}} = 4M_\pi^2$$

$$t_0 = t_{\text{cut}}(1 - \sqrt{1 + (2 \text{ GeV}^2)/t_{\text{cut}}})$$



# Forward limits

	Dipole			$z$ -expansion		
	$A_i$	$J_i$	$D_i$	$A_i$	$J_i$	$D_i$
$u$	0.3255(92)	0.2213(85)	-0.56(17)	0.349(11)	0.238(18)	-0.56(17)
$d$	0.1590(92)	0.0197(85)	-0.57(17)	0.171(11)	0.033(18)	-0.56(17)
$s$	0.0257(95)	0.0097(82)	-0.18(17)	0.032(12)	0.014(19)	-0.08(17)
$u + d + s$	0.510(25)	0.251(21)	-1.30(49)	0.552(31)	0.286(48)	-1.20(48)
$g$	0.501(27)	0.255(13)	-2.57(84)	0.526(31)	0.234(27)	-2.15(32)
Total	1.011(37)	0.506(25)	-3.87(97)	1.079(44)	0.520(55)	-3.35(58)

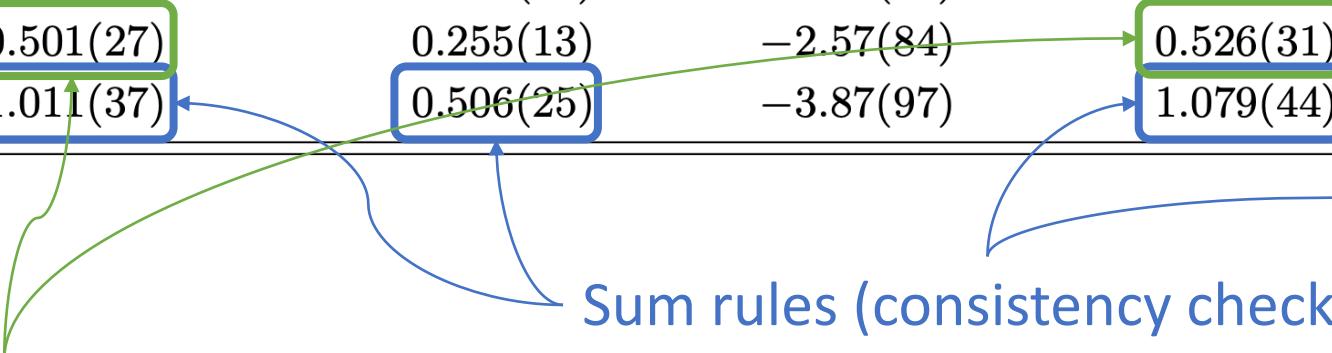
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Sum rules (consistency check)

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cf. global fit result

$$A_g(0) = 0.414(8)$$

[Hou et al. 1912.10053]

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$g$	0.501(27)	0.255(13)	-2.57(84)	0.526(31)	0.234(27)	-2.15(32)
Total	1.011(37)	0.506(25)	-3.87(97)	1.079(44)	0.520(55)	-3.35(58)

cf. global fit result

$$A_g(0) = 0.414(8)$$

[Hou et al. 1912.10053]

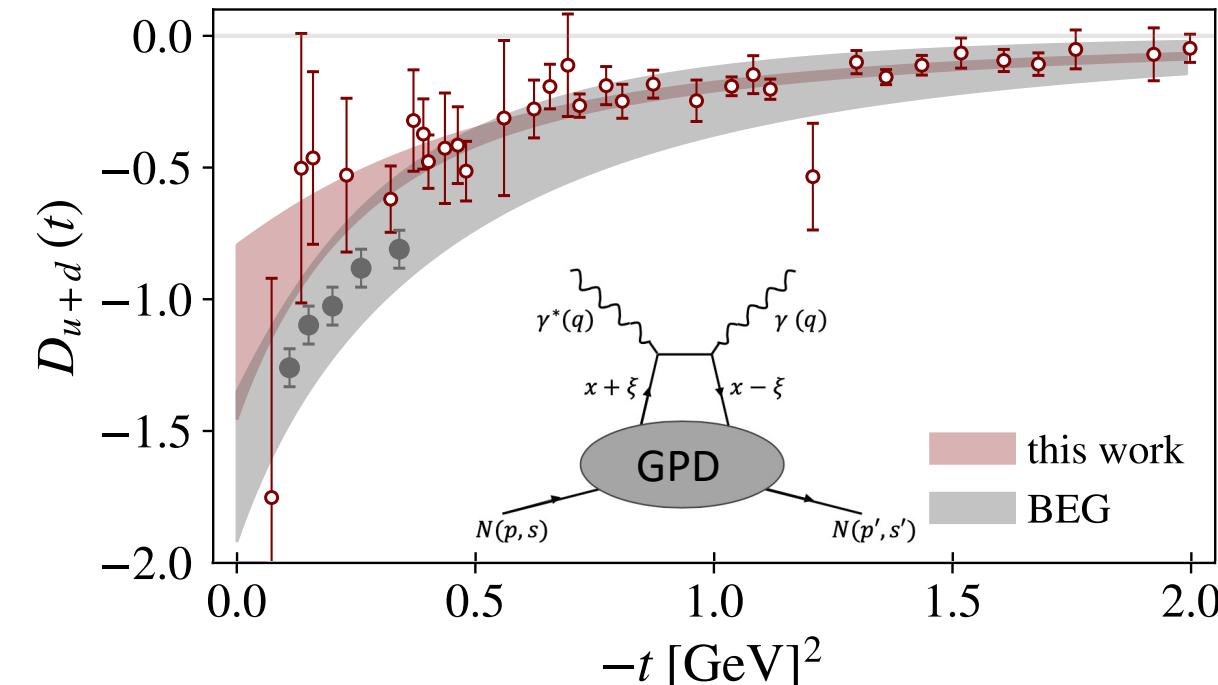
Sum rules (consistency check)

First determination!

Satisfies  $\chi$ PT bound

$$D(0)/M \leq -1.1(1) \text{ GeV}^{-1}$$

# Nucleon vs. experiment



BEG = [\[Burkert Elouadrhiri Girod 2018\]](#) (DVCS)

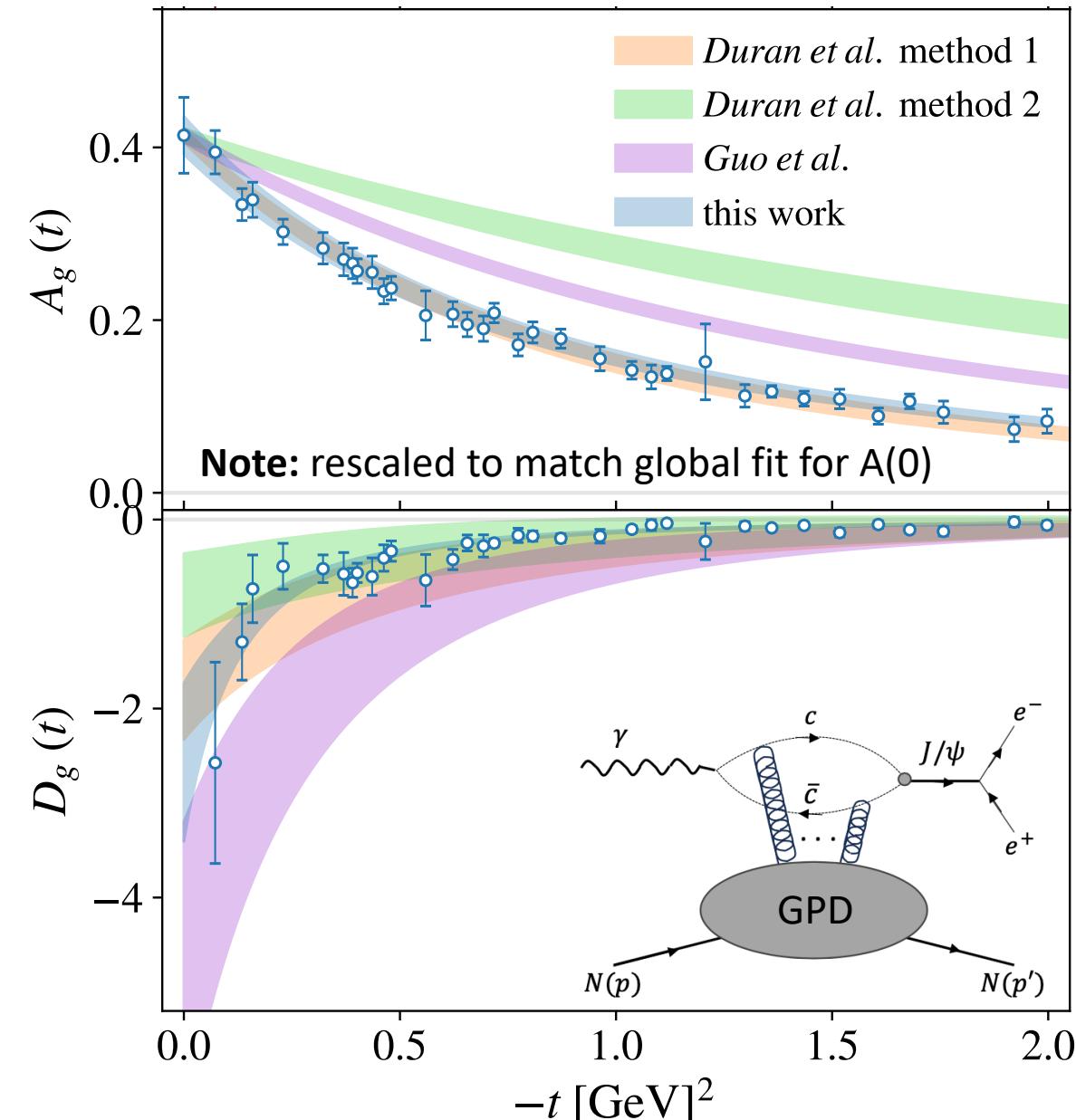
[\[Duran et al. 2207.05212\]](#) ( $J/\psi$ )

Method 1: holographic QCD (Mamo Jahed, PRD 21,22)

Method 2: GPD (Guo Ji Liu, PRD 2021)

[\[Guo et al. 2305.06992\]](#)

Updated GPD analysis + GlueX data

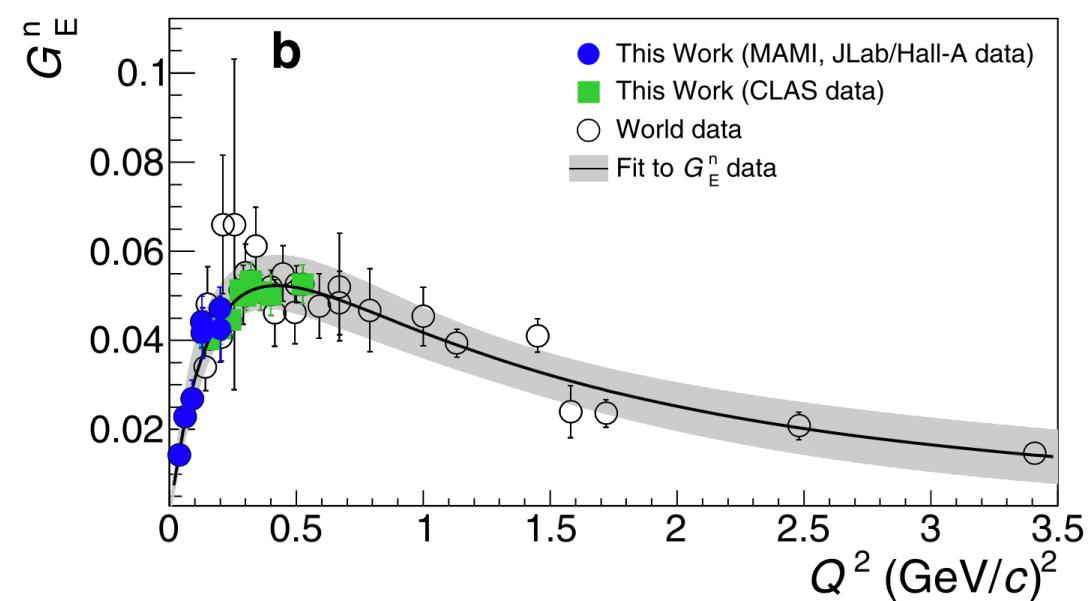


# (G)FFs and Tomography

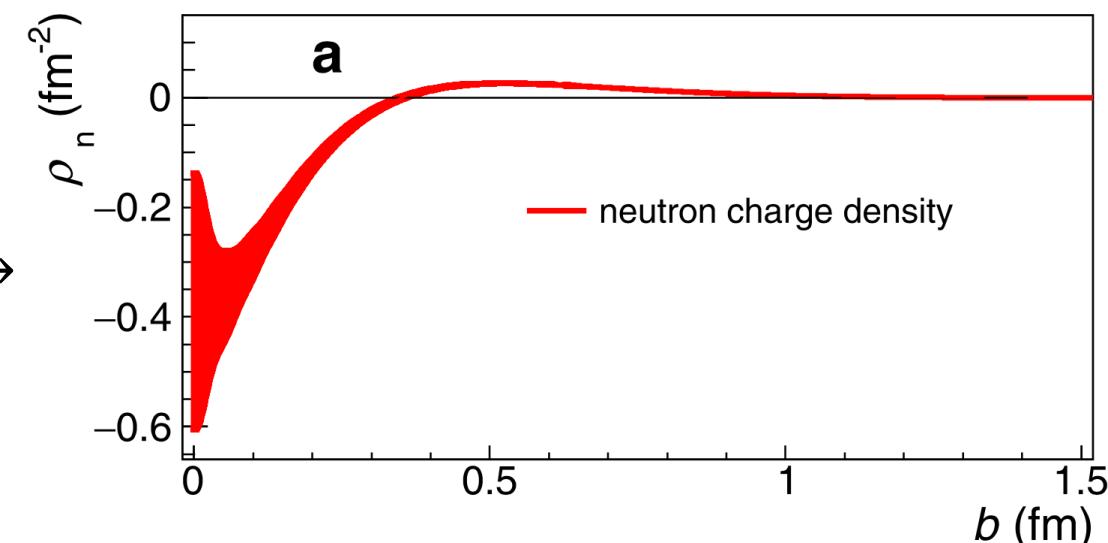
Fourier-transformed form factors provide information about spatial densities

Example: electric charge density in the neutron from  $G_E^n$

[Atac, Constantinou, Meziani, Paolone, Sparveris 2103.10840]



Fourier  
transform →



Applies also for GFFs → mechanical densities

# Mechanical densities from GFFs

1. Parametrize  $T_{\mu\nu}(t)$  with GFFs
2. Fourier transform  $T_{\mu\nu}(t) \rightarrow T_{\mu\nu}(r)$
3. Identify

$$T_{\mu\nu}(r) = \begin{bmatrix} T_{tt}(r) & \\ & T_{ij}(r) \end{bmatrix} = \begin{bmatrix} \epsilon(r) & \\ & \left( \frac{r_i r_j}{r^2} - \frac{1}{d} \delta_{ij} \right) s(r) + \delta_{ij} p(r) \end{bmatrix}$$

$$[f(t)]_{\text{FT}} = \int \frac{d^3 \Delta}{(2\pi)^3} e^{-i\Delta \cdot \mathbf{r}} f(t)$$

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→ Spatial densities (Breit frame)

$$\text{energy } \epsilon(r) = M \left[ A(t) - \frac{t}{4M^2} (D(t) + A(t) - 2J(t)) \right]_{FT} \quad \text{shear forces } s(r) = -\frac{1}{4M} r \frac{d}{dr} \frac{1}{r} \frac{d}{dr} [D(t)]_{FT}$$

$$\text{pressure } p(r) = \frac{1}{6M} \frac{1}{r^2} \frac{d}{dr} r^2 \frac{d}{dr} [D(t)]_{FT} \quad \text{longitudinal force } F^{\parallel}(r) = p(r) + 2s(r)/3$$

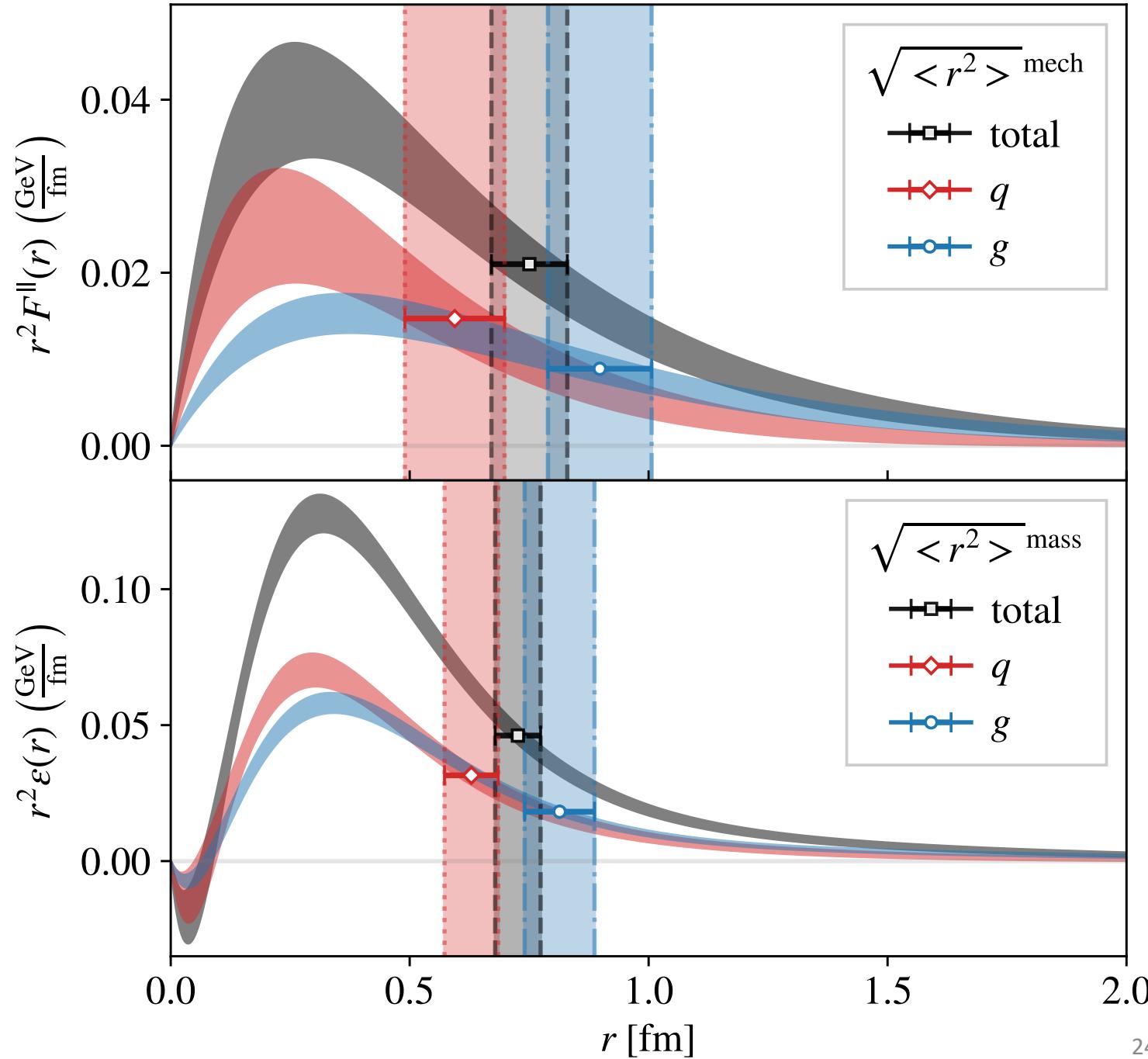
Caveat: physical significance of these analogies is under debate

$$[f(t)]_{FT} = \int \frac{d^3 \Delta}{(2\pi)^3} e^{-i\Delta \cdot r} f(t)$$

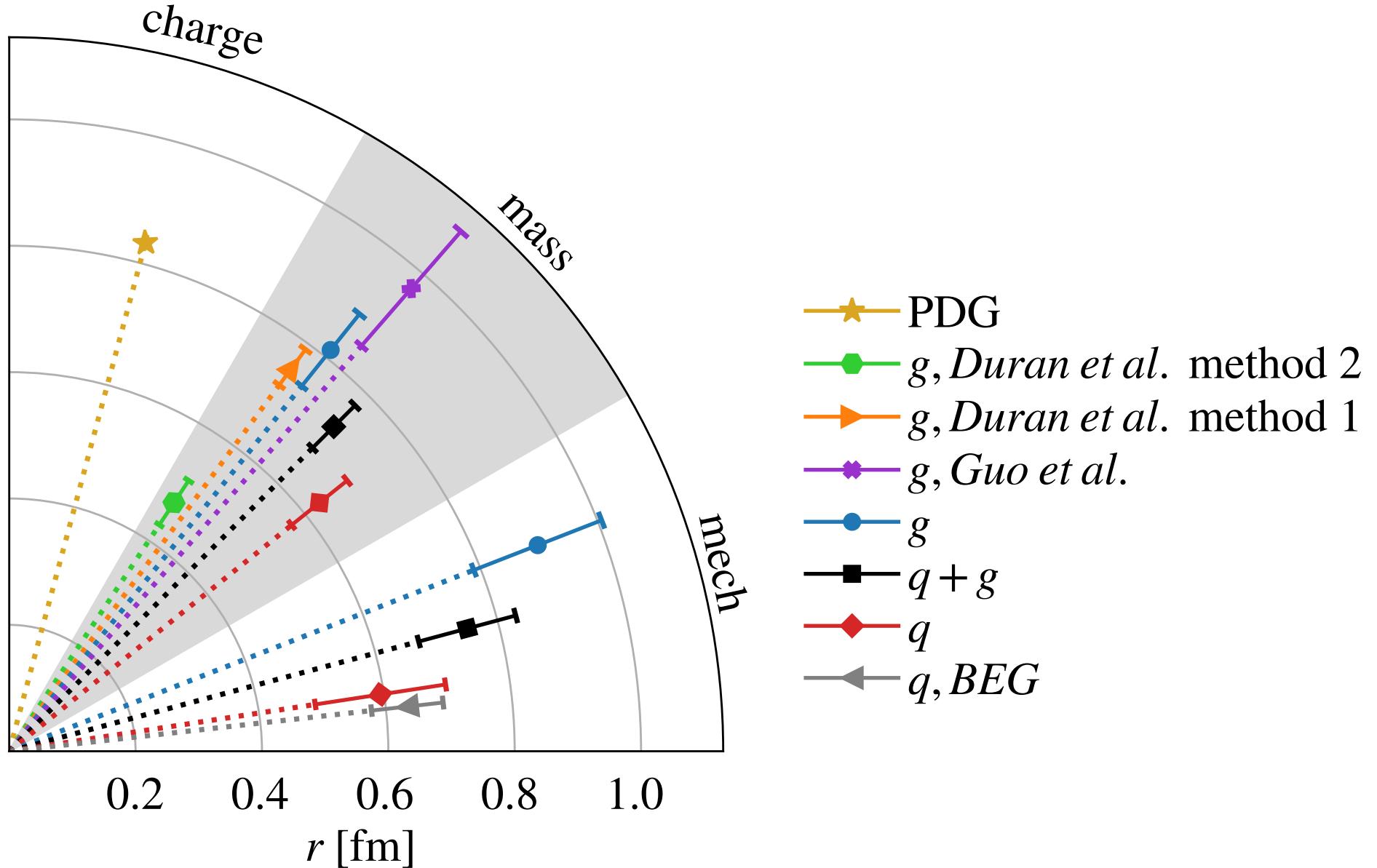
# Densities & radii

$$\langle r_i^2 \rangle^{\text{mass}} = \frac{\int d^3\mathbf{r} \ r^2 \epsilon_i(r)}{\int d^3\mathbf{r} \ \epsilon_i(r)}$$

$$\langle r_i^2 \rangle^{\text{mech}} = \frac{\int d^3\mathbf{r} \ r^2 F_i^{\parallel}(r)}{\int d^3\mathbf{r} \ F_i^{\parallel}(r)}$$



# How big is a proton?



# Conclusion

First lattice calculation of:

complete flavor decomposition of nucleon GFFs

*total* GFFs  $\rightarrow$  *physical* (i.e. RGI) densities, radii

$D(0)$

New first-principles descriptions of size and shape of nucleon

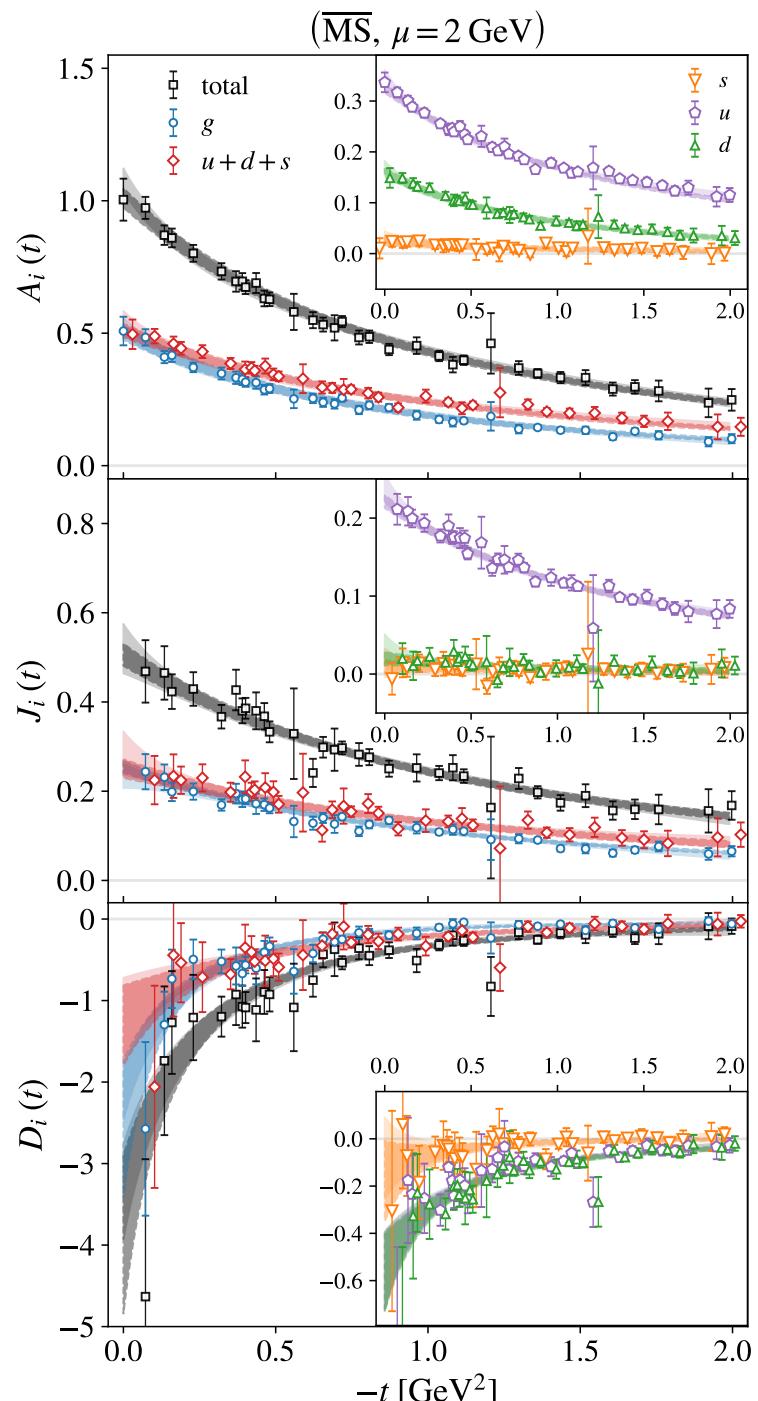
Results can help discriminate between different experimental extractions

Towards a precision calculation, need:

Multiple ensembles to take continuum, physical-mass limits

Improved renormalization (GIRS? Flow? Sum rules?)

Better methods to fully control excited state effects



# Backup

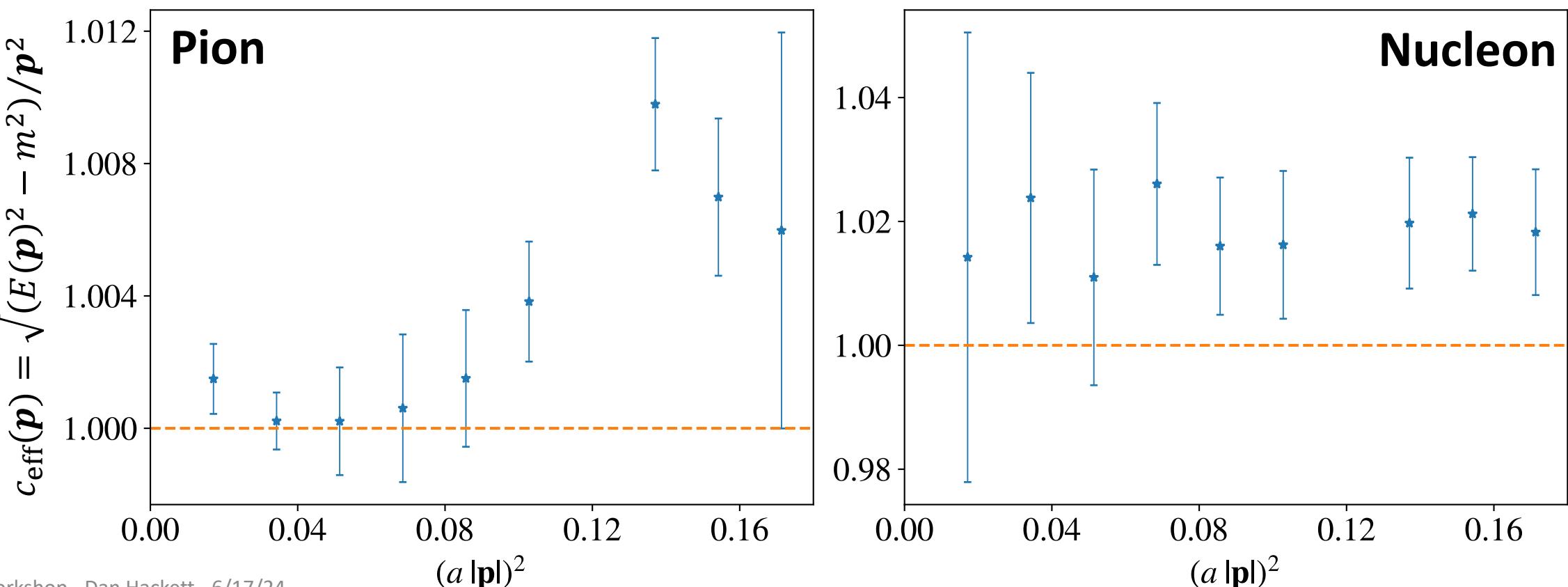
# Two-point functions

Compute on 2511 configs, 1024 srcs/cfg (2x offset  $4^3 \times 8$  grids)

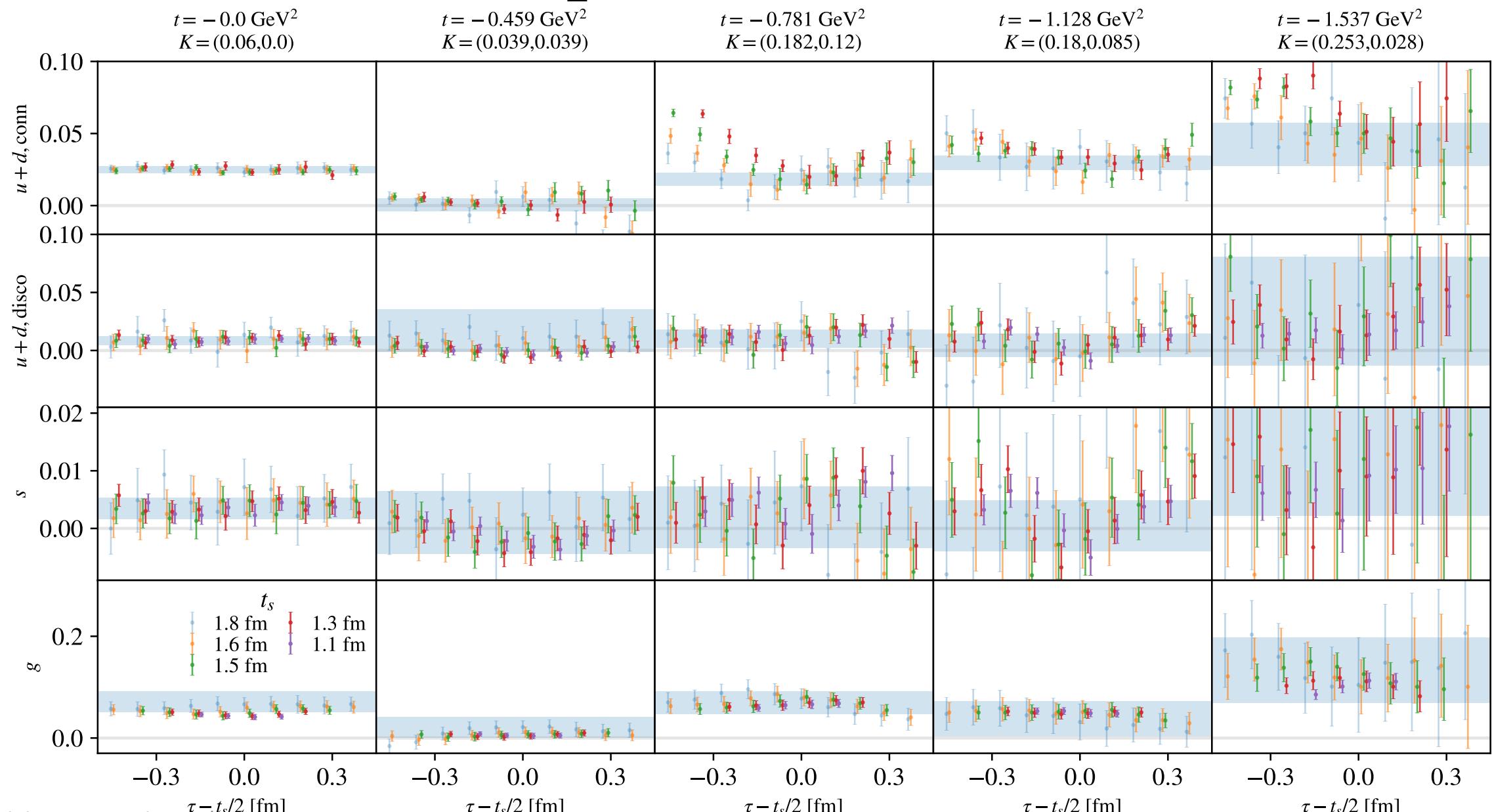
Note: only one interpolating operator; both diagonal spin channels

Relativistic dispersion obeyed at  $\sim \%$  level

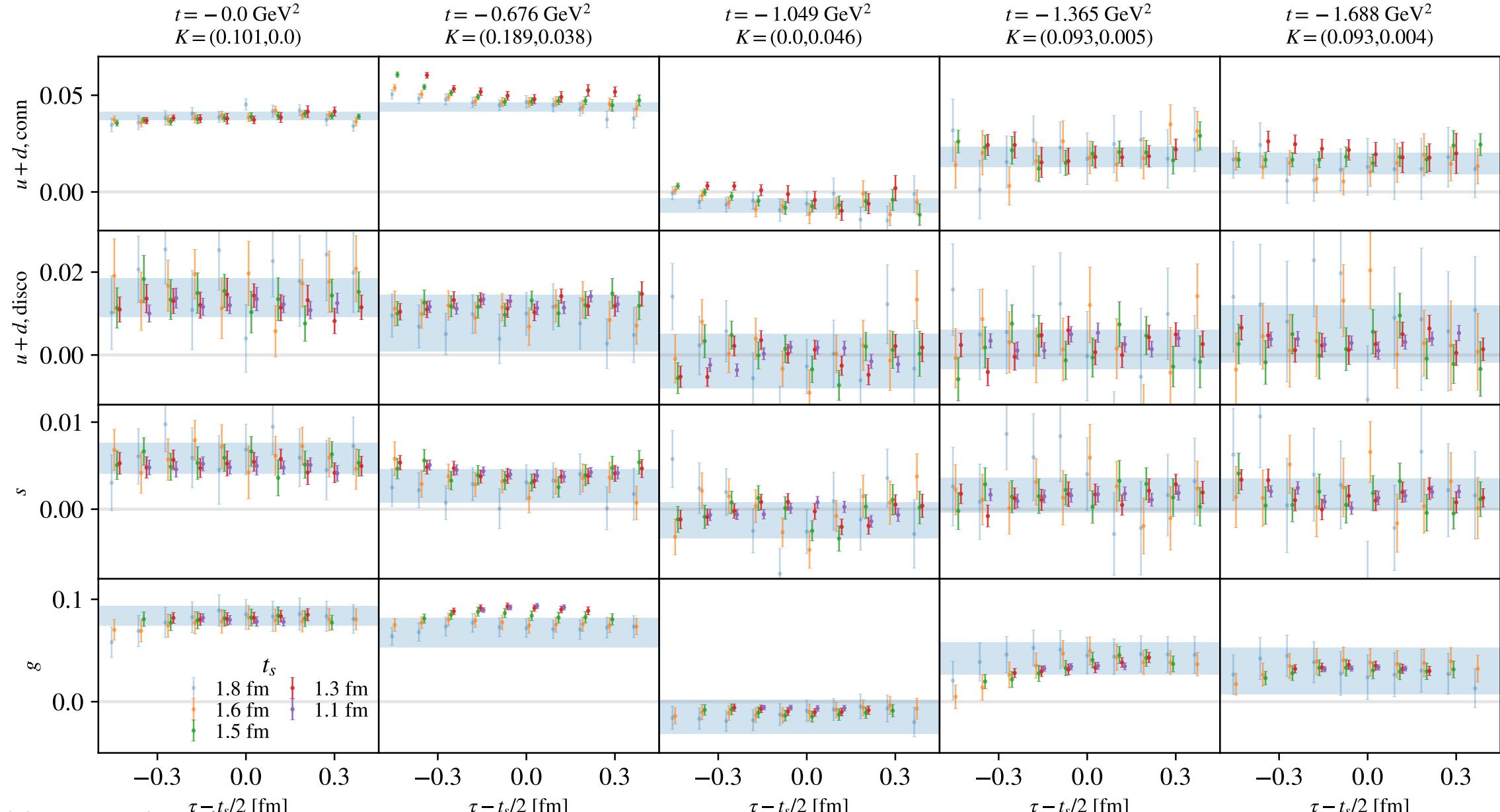
→ Neglect errors in  $aM_\pi = 0.0779$  and  $aM_N = 0.4169$



# Example pion ratios: $\tau_1^{(3)}$

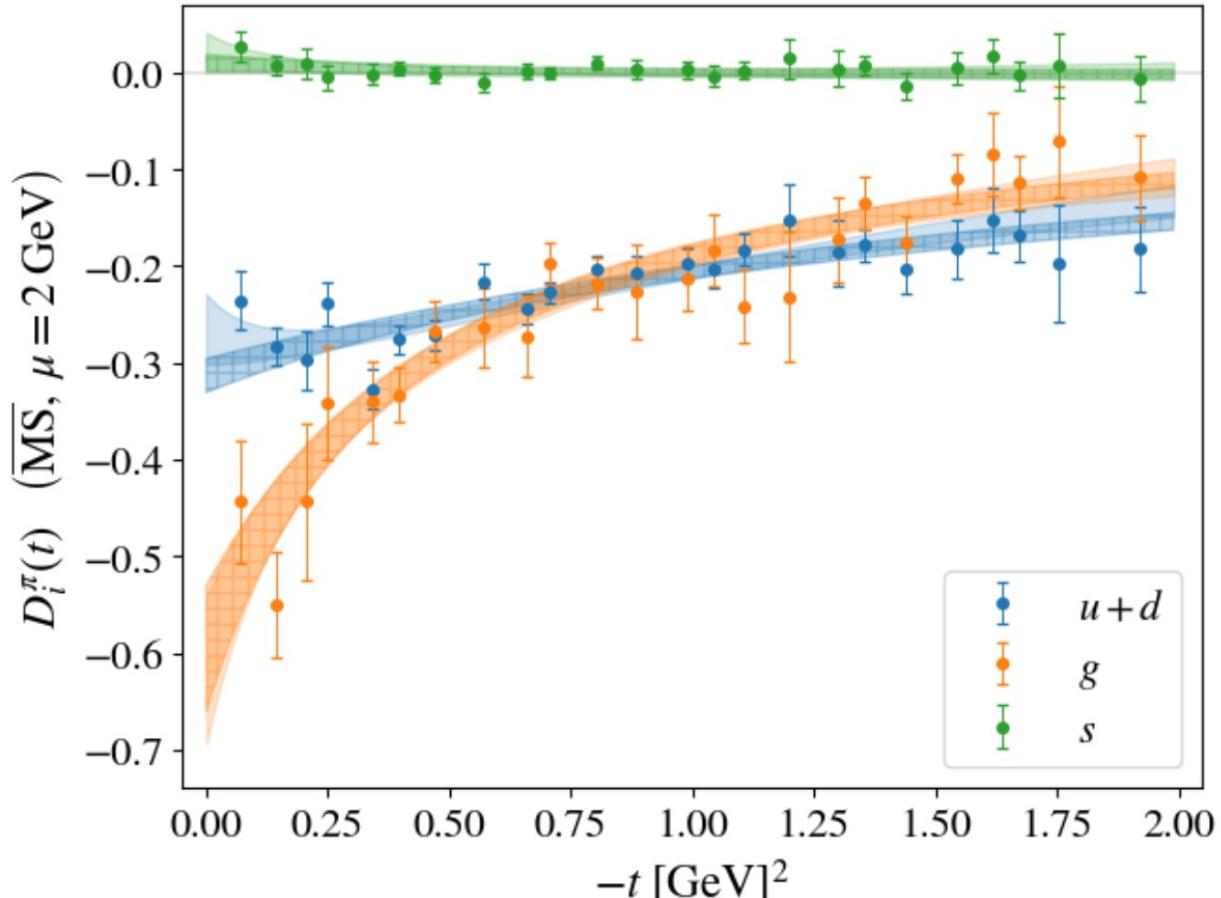
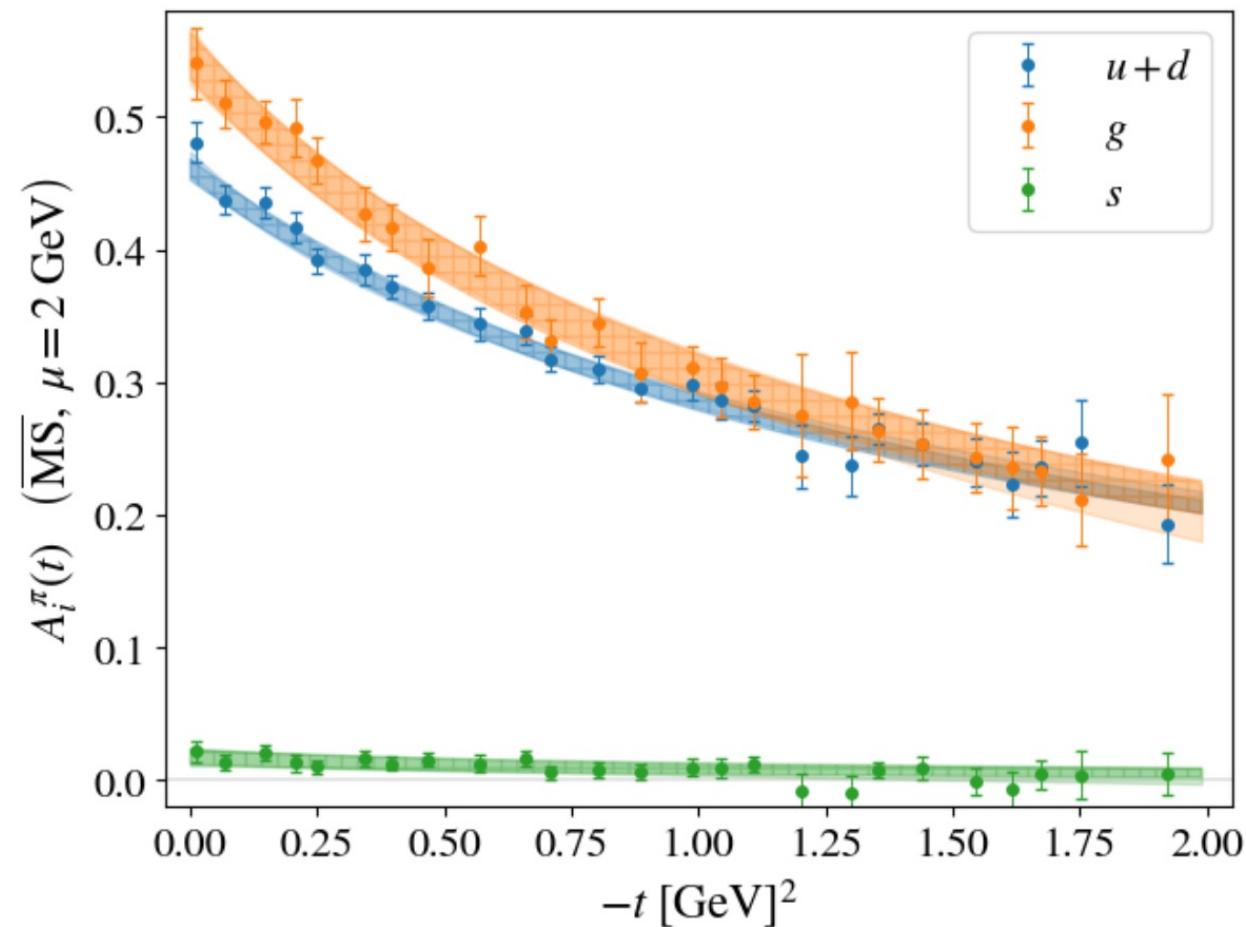


# Example pion ratios: $\tau_3^{(6)}$



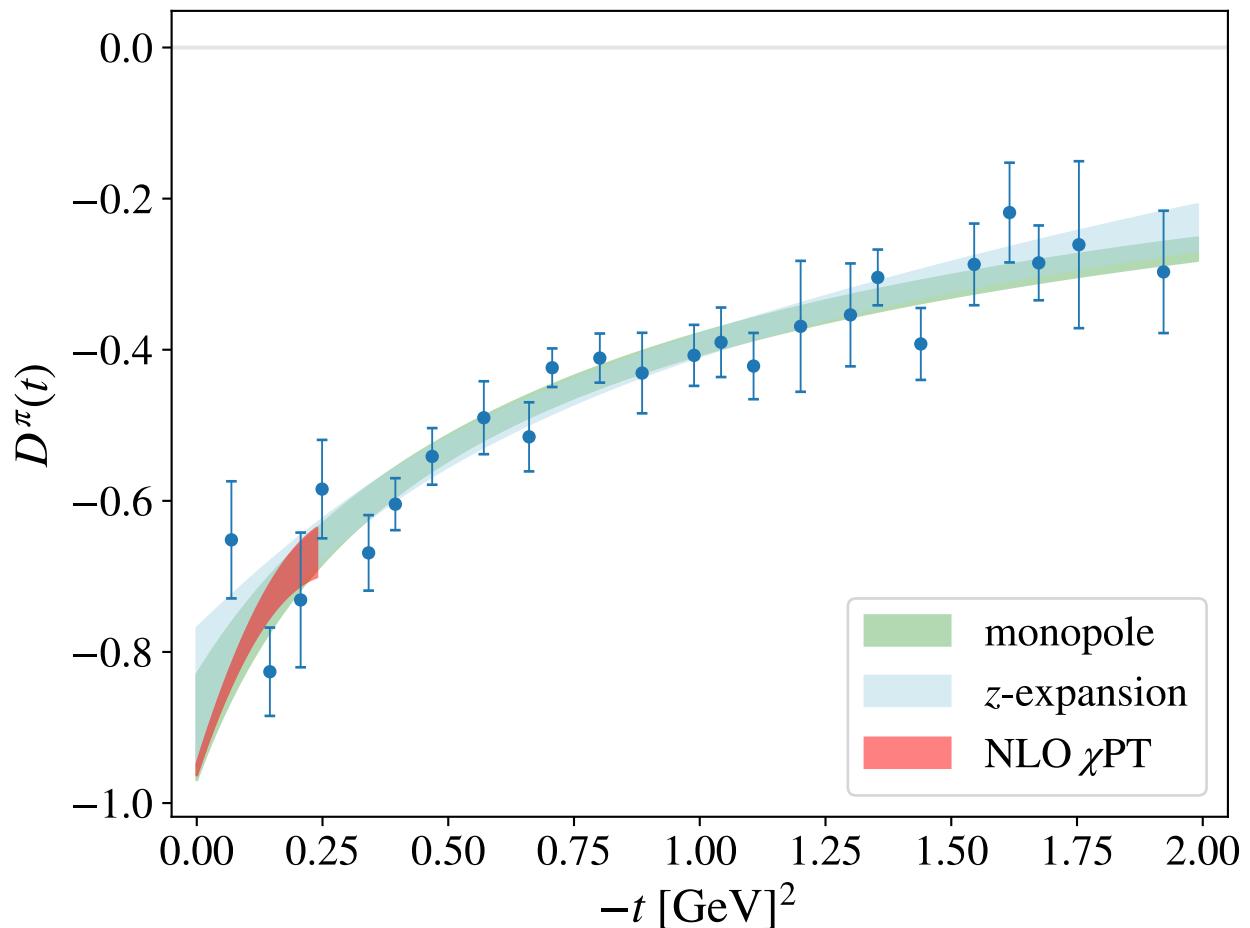
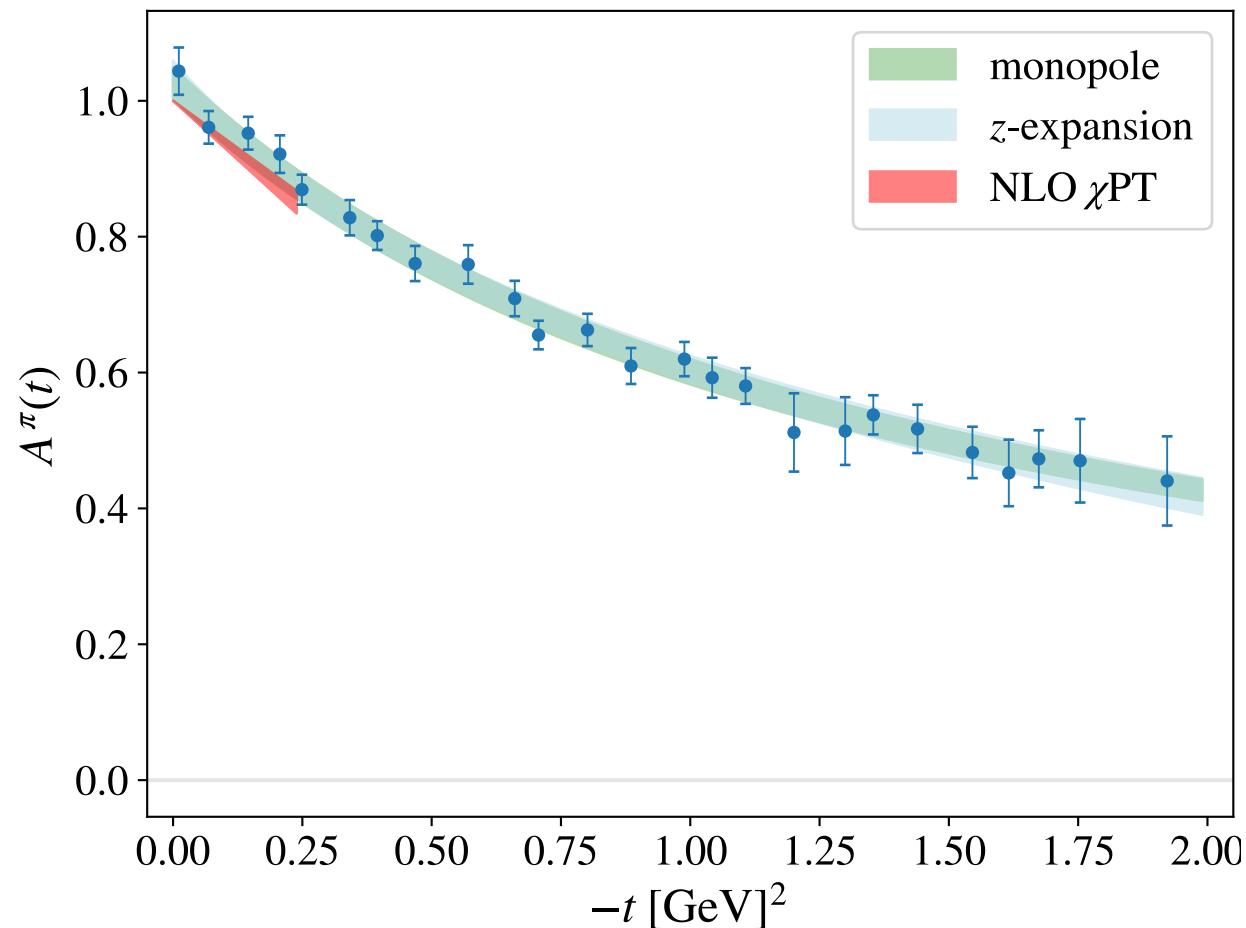
# Pion GFFs (flavor decompo)

Hatched bands: monopole      Solid bands: z-expansion

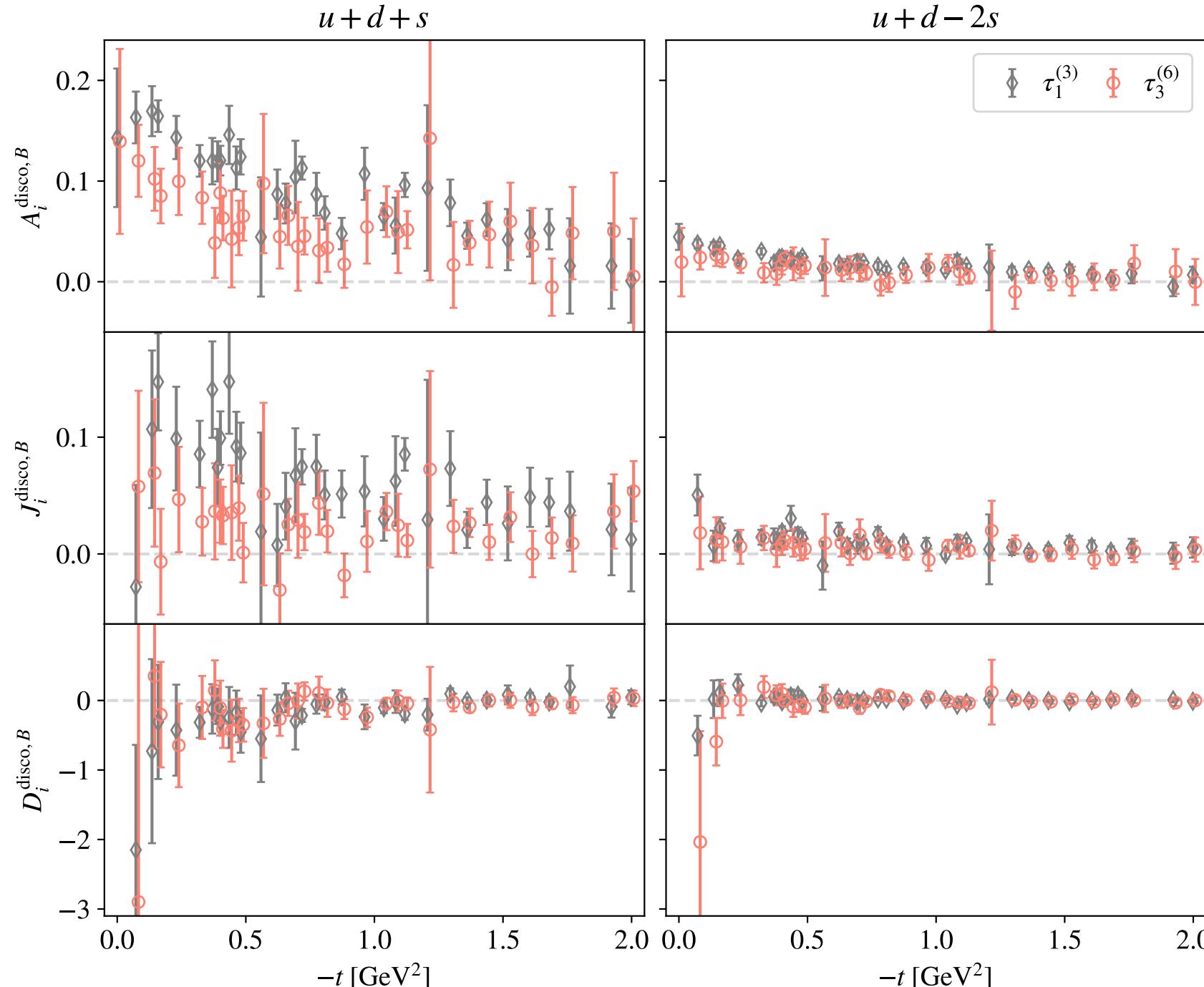


# Pion GFFs (total)

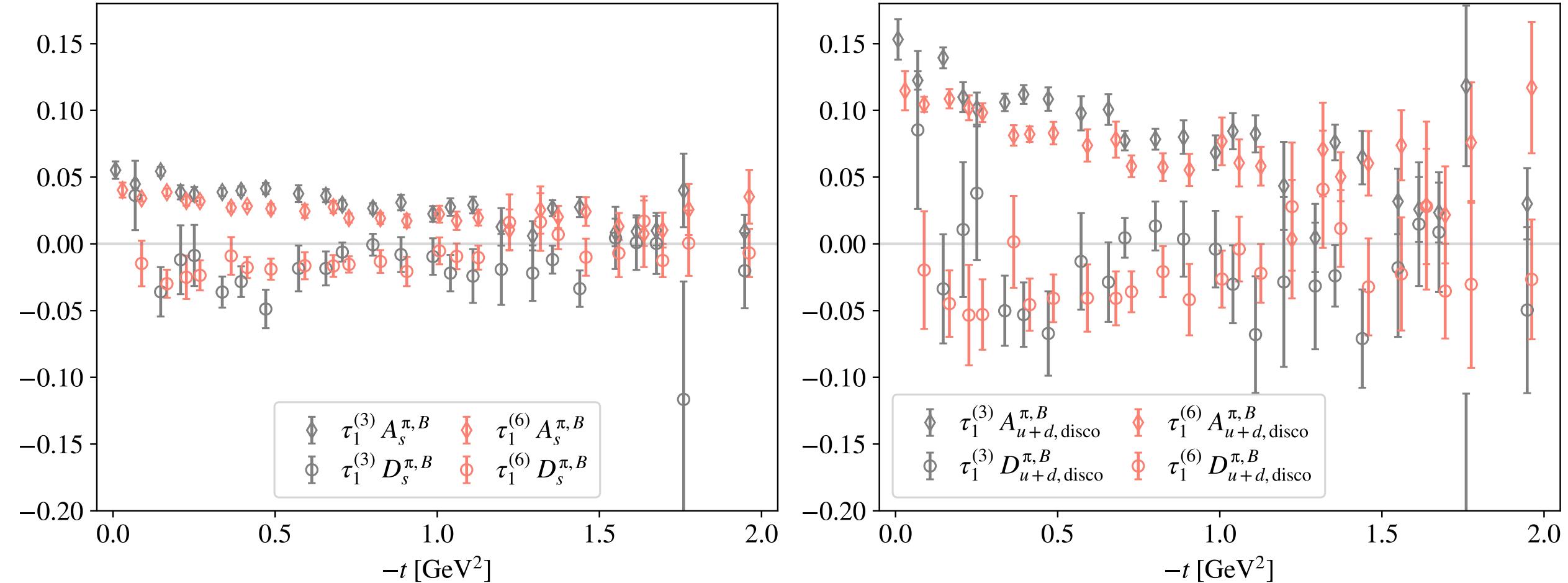
Error on  $\chi$ PT estimate due to different estimates for LECs [\[Donaghue Leutwyler 1991\]](#)



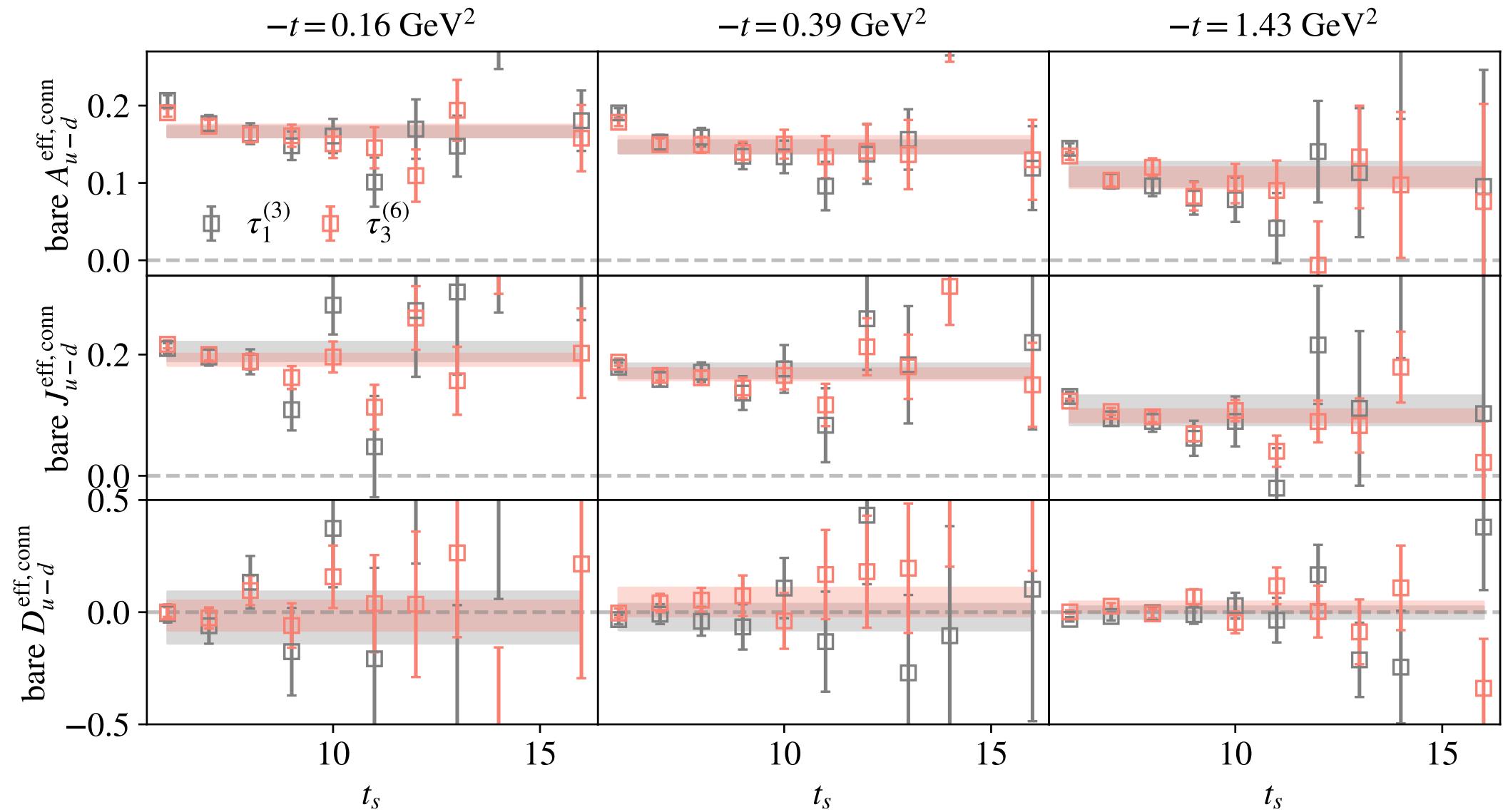
# Nucleon: bare disconnected GFFs



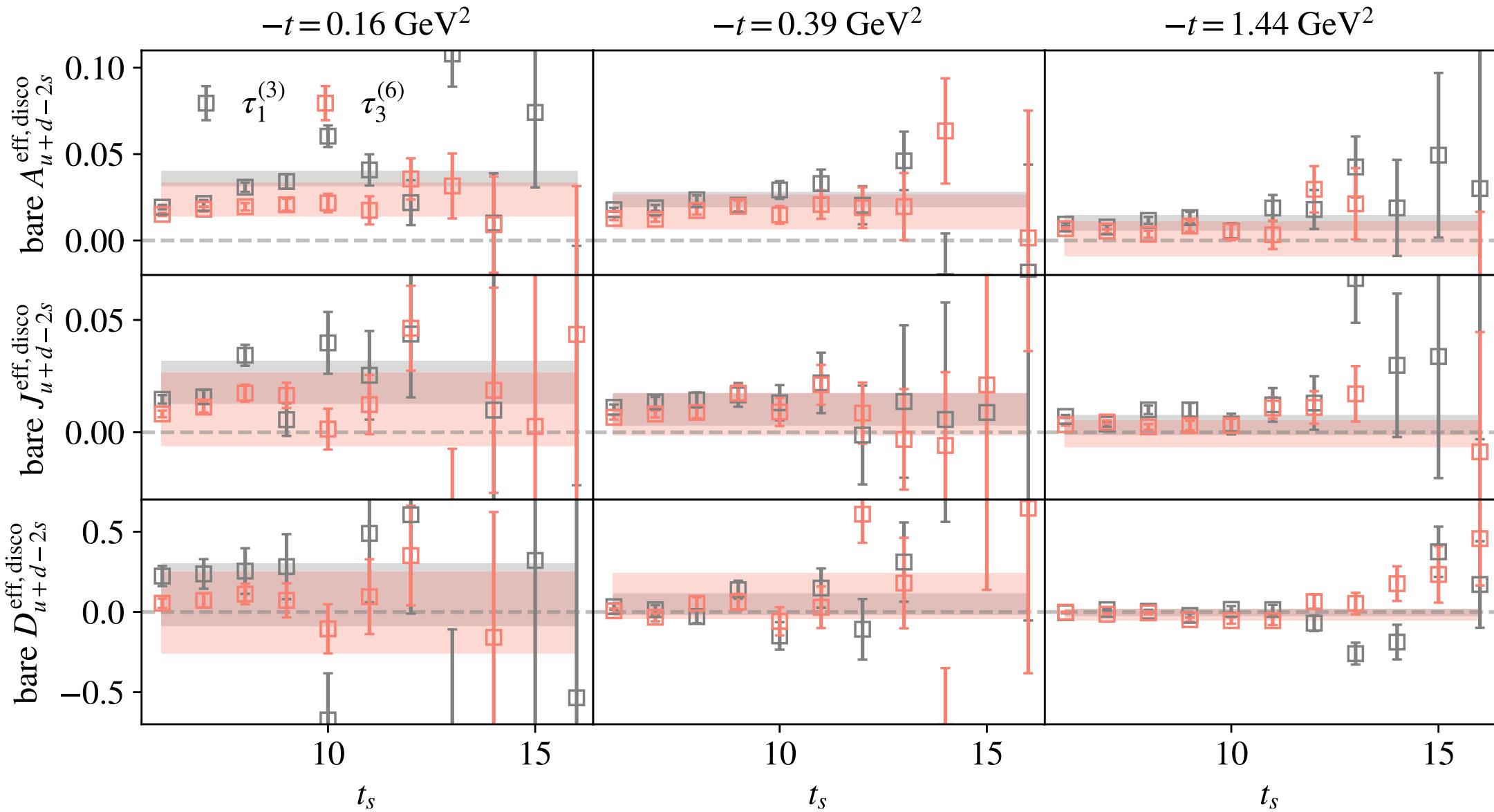
# Pion: bare disconnected GFFs



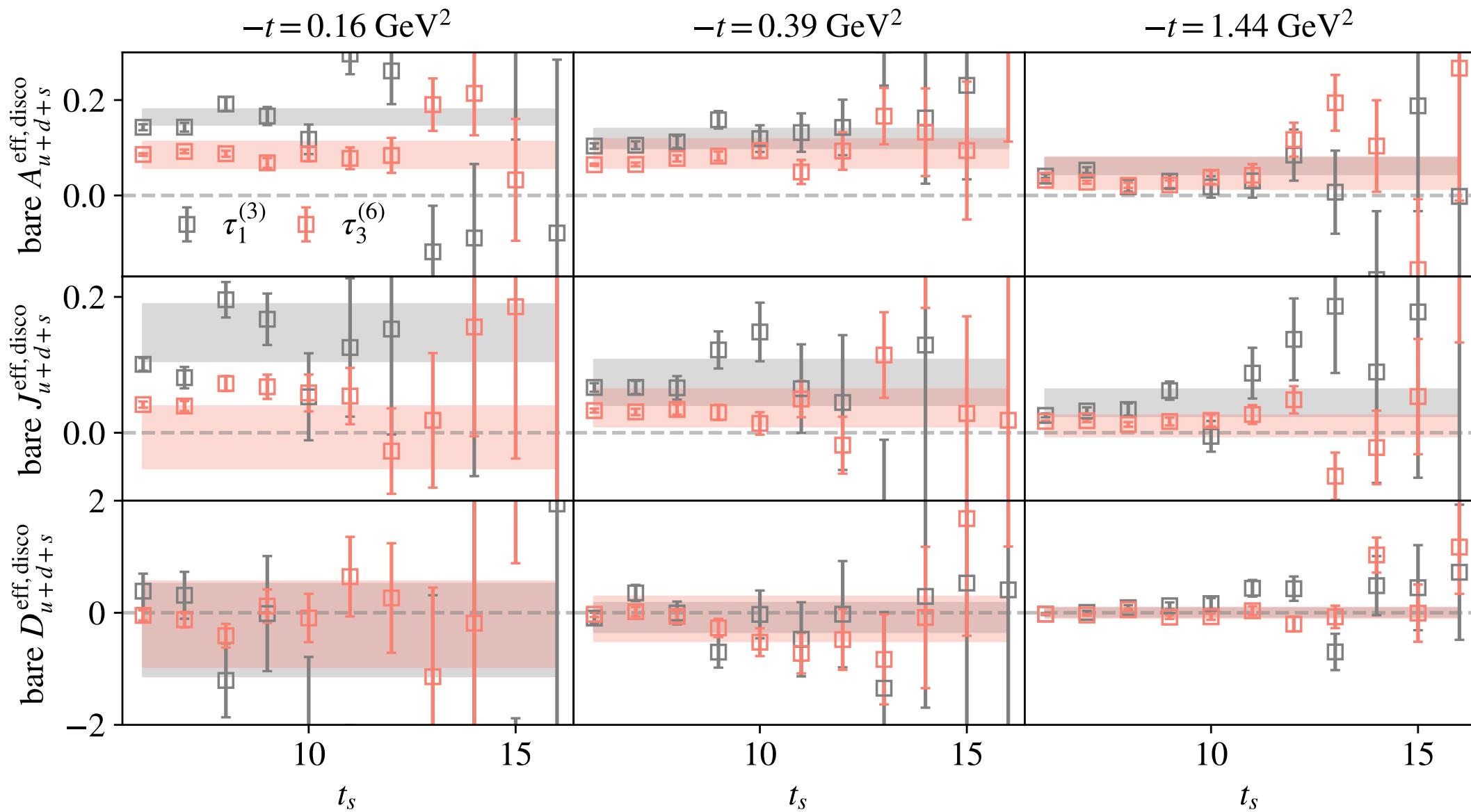
# Nucleon: effective GFFs



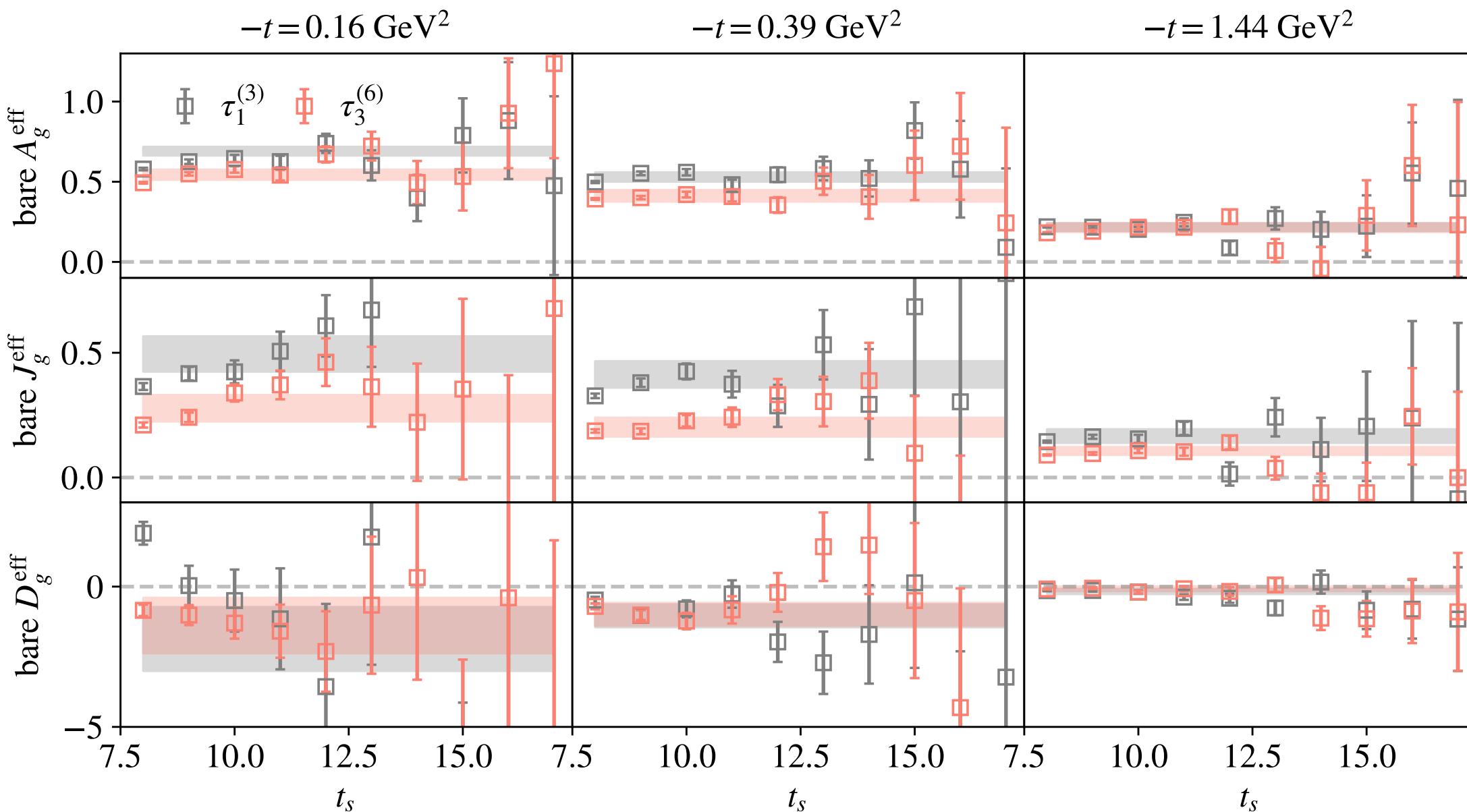
# Nucleon: effective GFFs



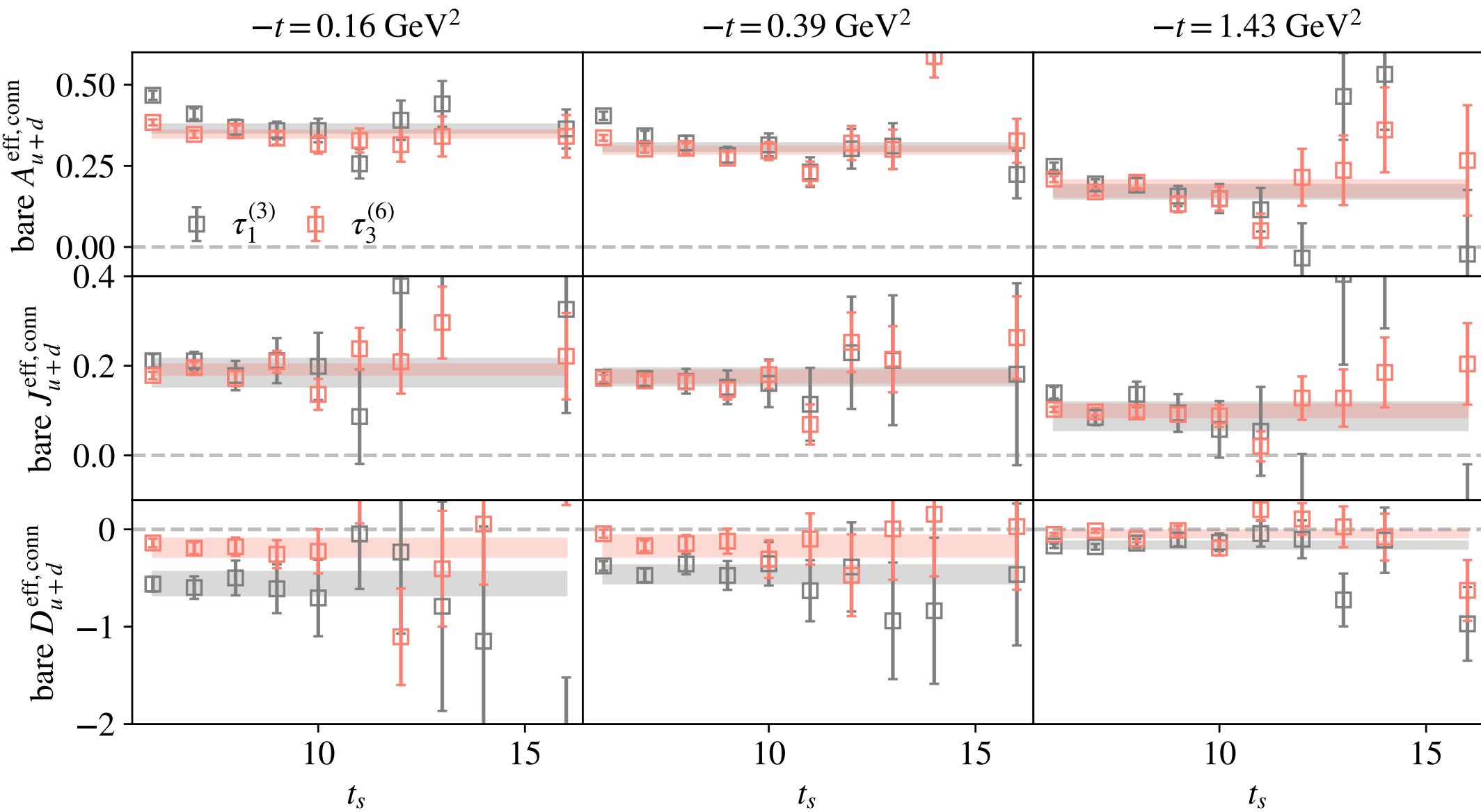
# Nucleon: effective GFFs



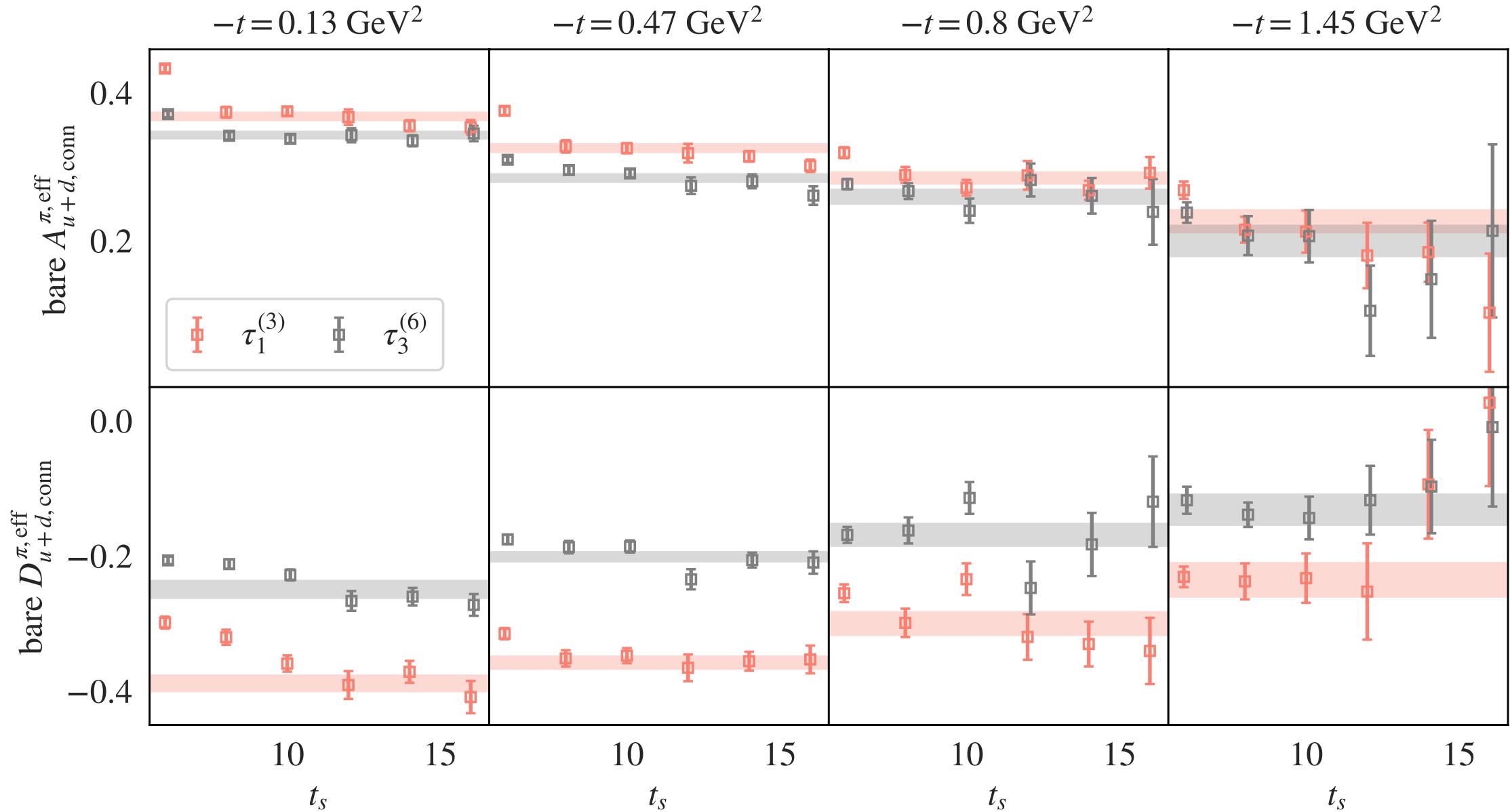
# Nucleon: effective GFFs



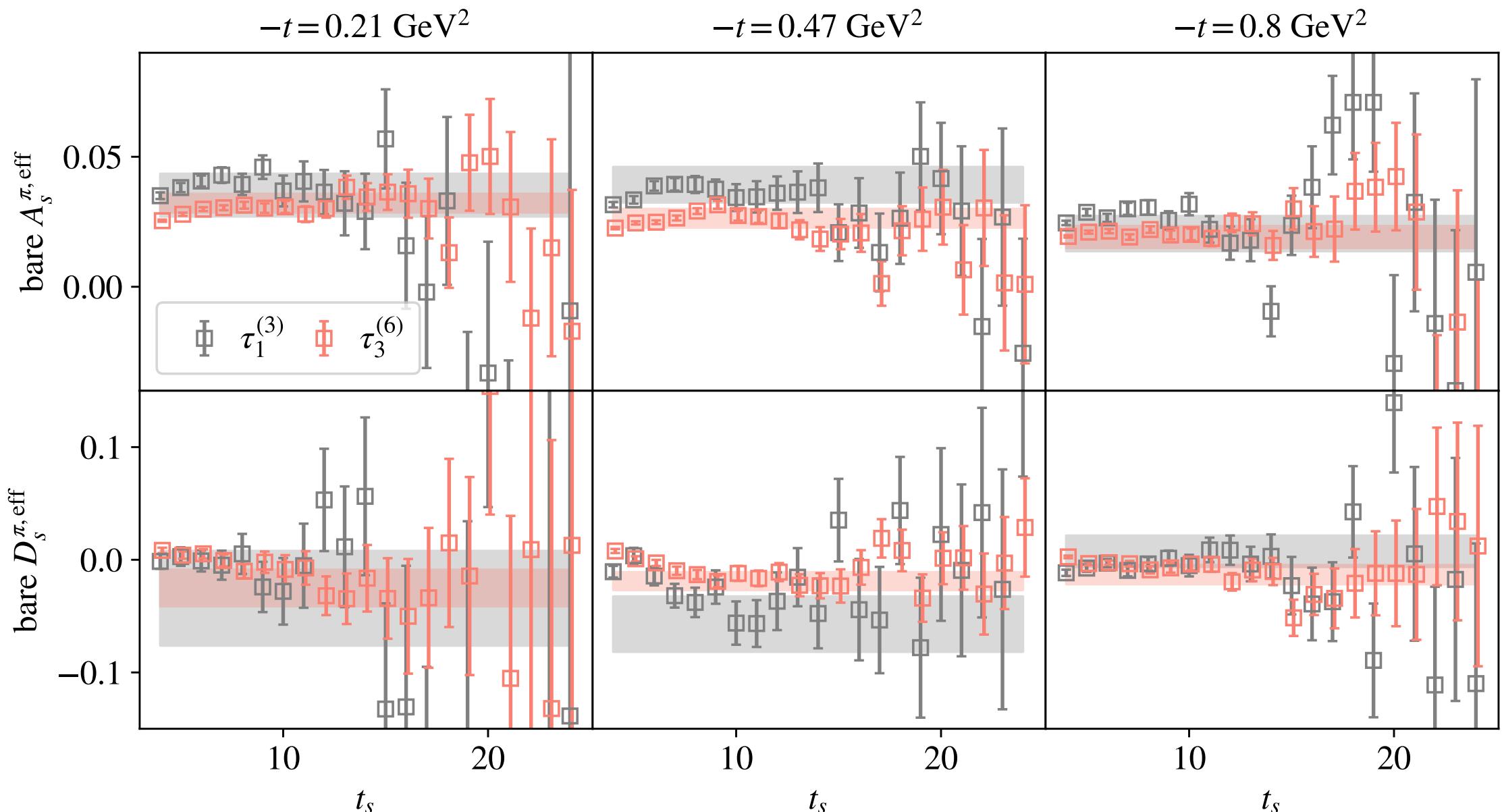
# Nucleon: effective GFFs



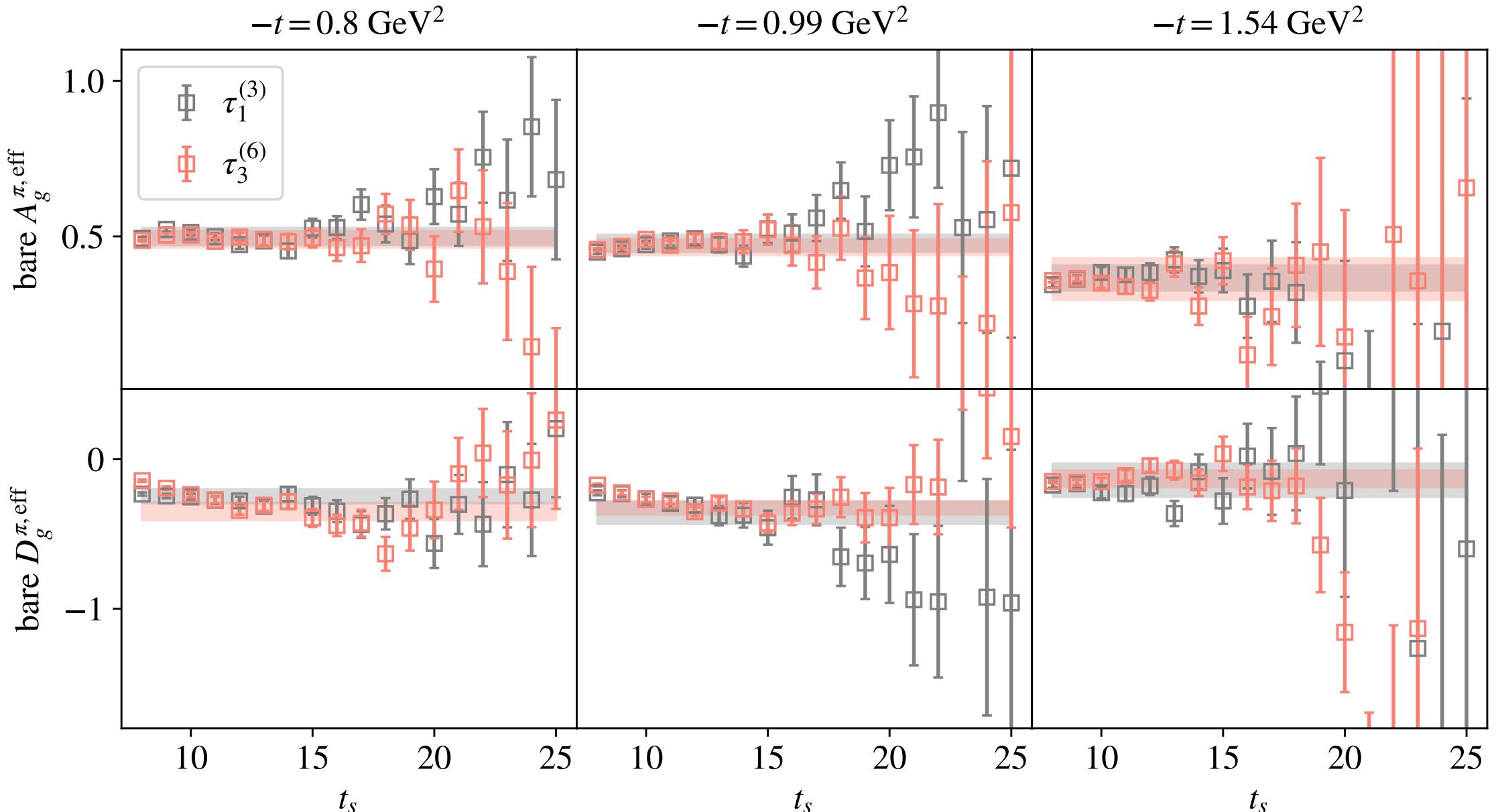
# Pion: effective GFFs



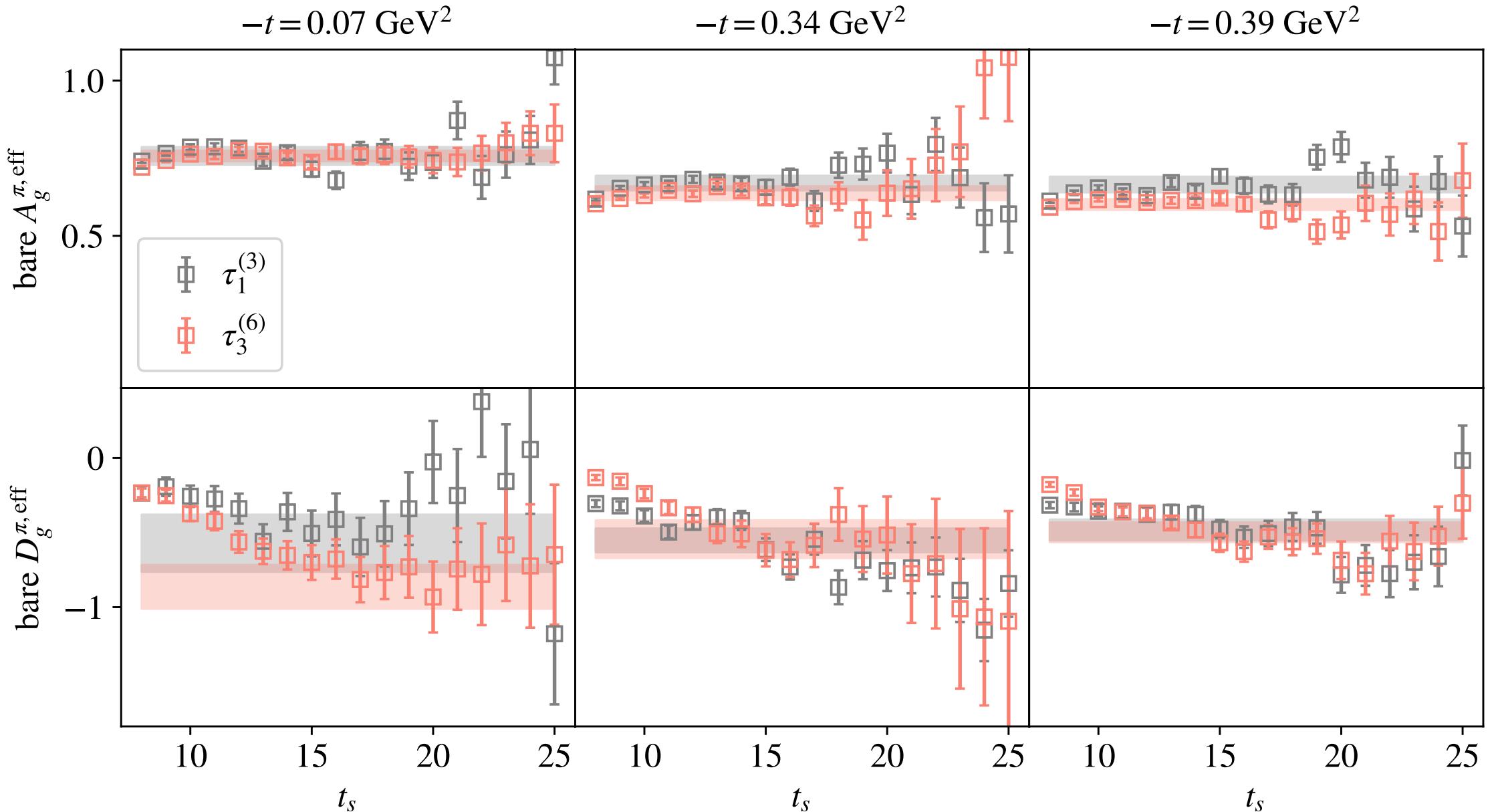
# Pion: effective GFFs



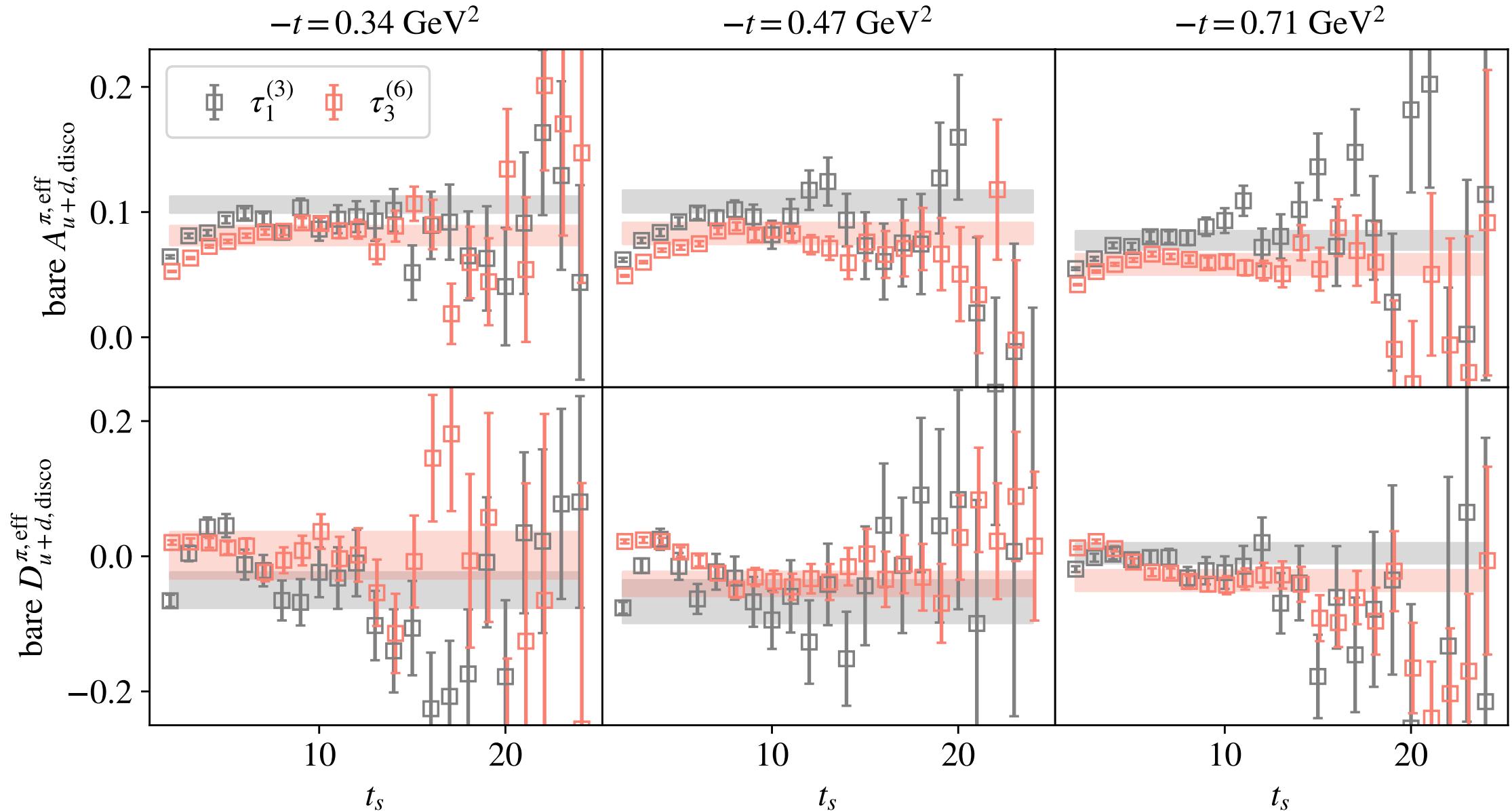
# Pion: effective GFFs



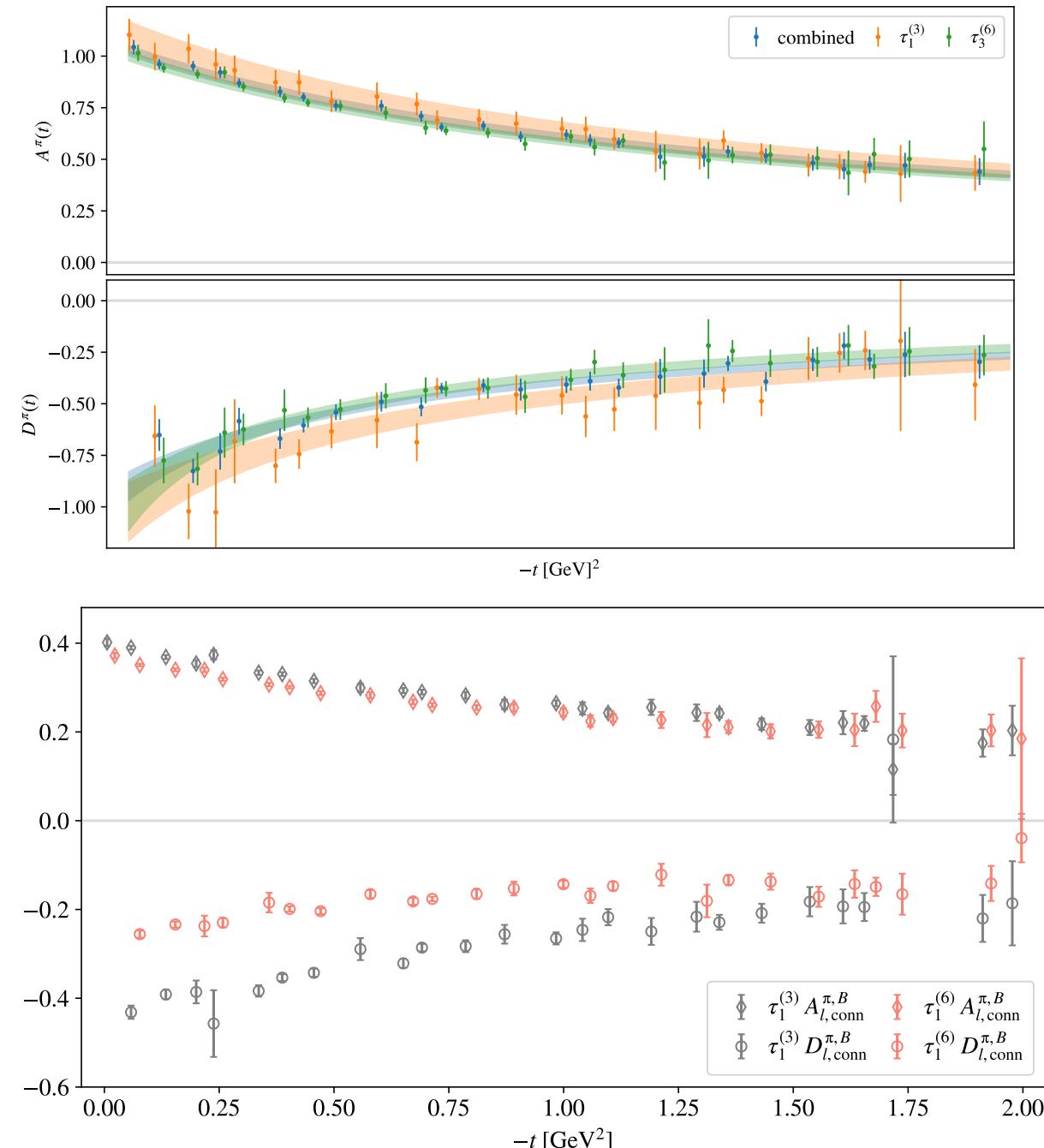
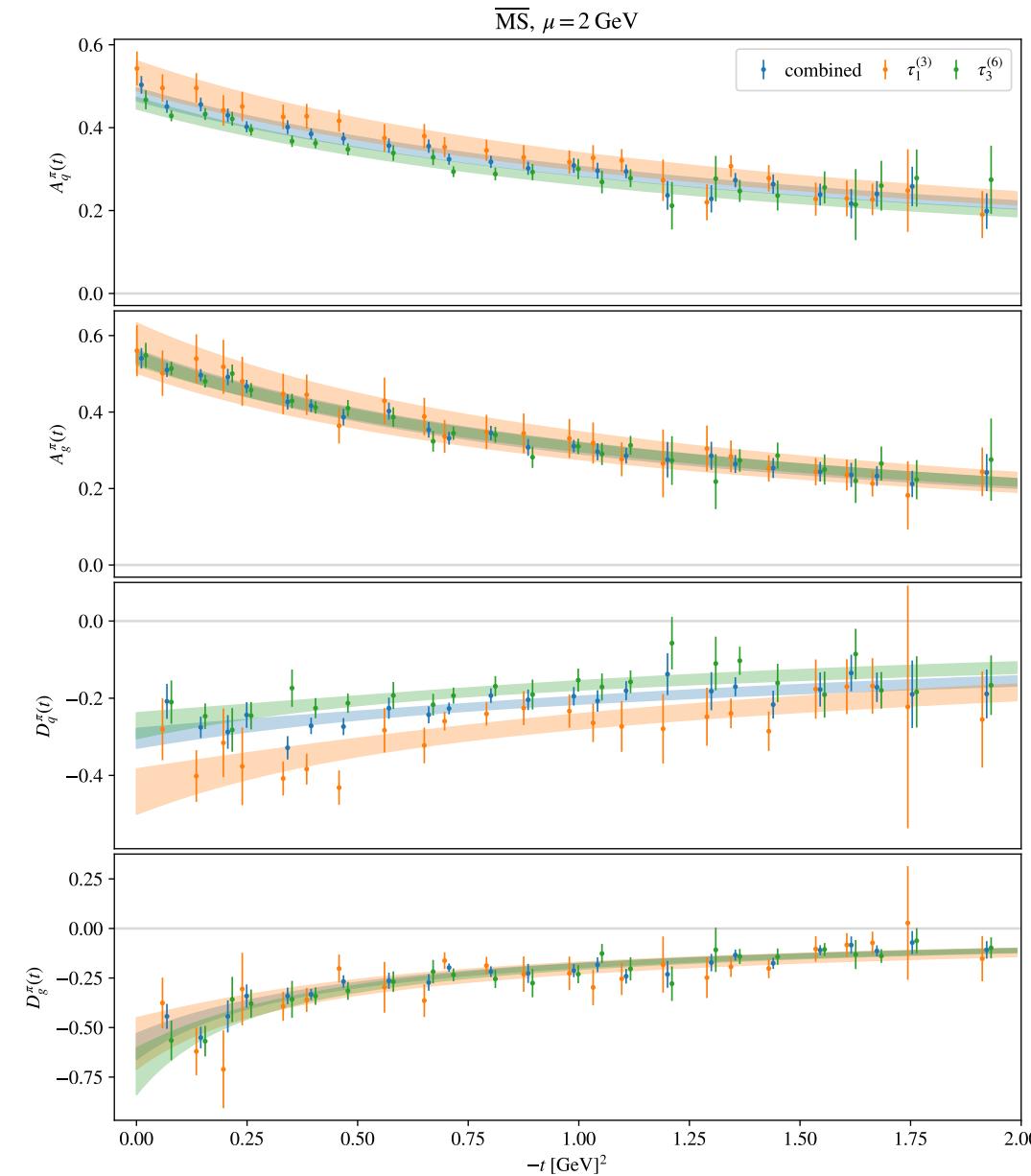
# Pion: effective GFFs



# Pion: effective GFFs



# Pion: split irreps



# Nucleon: split irreps

